

# GMVEMSC

# **2024 Standing Orders**

# **Training Manual for ALL providers**

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# ABBREVIATIONS

Some abbreviations are case sensitive while others are content sensitive. Any words that can be readily abbreviated using a period have been left out of this list.

| abdomen                                | abd      |
|--|----------|
| abdominal aortic aneurysm              | AAA      |
| abortion                               | AB       |
| acute coronary syndrome                | ACS      |
| acute myocardial infarction            | AMI      |
| acute pulmonary edema                  | APE      |
| acute renal failure                    | ARF      |
| acute respiratory<br>distress/syndrome | ARD/ARDS |
| administer rectally                    | p.r.     |
| advanced cardiac life support          | ACLS     |
| advanced directive                     | AD       |
| advanced life support                  | ALS      |
|  | -        |
| after                                  | p        |
| against medical advice                 | AMA      |
| alcohol                                | ETOH     |
| alert & oriented                       | A&O      |
| alert/verbal/pain/unresponsive         | AVPU     |
| antecubital fossa                      | AC       |
| arteriosclerotic heart disease         | ASHD     |
| as necessary or needed                 | prn      |
| as soon as possible                    | ASAP     |
| aspirin                                | ASA      |
| at                                     | @        |
| at bedtime                             | h.s.     |
| atrial fibrillation                    | a-fib    |
| atrial flutter/ tachycardia            | AF/AT    |
| atrioventricular                       | AV       |
| automatic external defibrillator       | AED      |
| automatic transport ventilator         | ATV      |
| backboard                              | BB       |
| bag-valve mask                         | BVM      |
| basic life support                     | BLS      |
| before                                 | ā        |
| below the knee amputation              | BKA      |
| births, number of                      | para     |
| black                                  | B        |
| blood pressure                         | BP       |
| blood sugar                            | BS       |
| body substance isolation               | BSI      |
| body surface area                      | BSA      |
| bowel movement                         | BM       |
| bradycardia                            | brady    |
|  | ~        |
| breaths per minute                     | bpm      |
| by mouth                               | po       |
| by or through                          | per      |
| cancer                                 | CA       |

| capillary refill time  | CRT                                 |
|--|-------------------------------------|
| carbon dioxide   | CO <sub>2</sub>                     |
| carbon monoxide  | CO                                  |
| centimeter   | cm.                                 |
| cerebral palsy   | CP                                  |
| cerebrospinal fluid  | CSF                                 |
| cerebrovascular accident   | CVA                                 |
| cervical immobilization device   | CID                                 |
| cervical spine   | C-spine                             |
| change   | Δ                                   |
| chest pain   | CP                                  |
| chief complaint  | CC                                  |
| chronic obstructive  |                                     |
| pulmonary disease  | COPD                                |
| chronic renal failure  | CRF                                 |
| circulatory/sensory/motor  | CSM                                 |
| clear to auscultation bilaterally  | CTAB                                |
| complaining of   | c/o                                 |
| congestive heart failure   | CHF                                 |
| coronary artery bypass graft   | CABG                                |
| coronary artery disease  | CAD                                 |
| cubic centimeter   | cc.                                 |
| date of birth  | DOB                                 |
| dead on arrival  | DOA                                 |
| decreasing   | 1                                   |
| degree(s)  | •                                   |
| delirium tremens   | DTs                                 |
| Dextrose in water - 50%  | D50                                 |
| Dextrose in water - 10%  | D10                                 |
| diabetes mellitus  | DM                                  |
| diagnosis  | Dx                                  |
| dilation & curettage   | D&C                                 |
| discontinue  | d/c                                 |
| disease  | DZ                                  |
| do not resuscitate   | DNR                                 |
|  |                                     |
| drop (s)   | gtt (s)<br>DOE                      |
| dyspnea on exertion  | ECG / EKG                           |
| electrocardiogram  | ECG/EKG<br>ED/ER                    |
| emergency department   |                                     |
| endotracheal tube  | ETT                                 |
|  |                                     |
| epinephrine  | EPI                                 |
| Equal to or greater than   |                                     |
| Equal to or greater than<br>Equal to or less than  | EPI<br>≥<br>≤                       |
| Equal to or greater than<br>Equal to or less than<br>esophageal detection device   | EPI<br>≥<br>≤<br>EDD                |
| Equal to or greater than<br>Equal to or less than<br>esophageal detection device<br>esophageal obturator airway              | EPI<br>≥<br>EDD<br>EOA              |
| Equal to or greater than<br>Equal to or less than<br>esophageal detection device<br>esophageal obturator airway<br>estimated | EPI<br>≥<br>≤<br>EDD<br>EOA<br>Est. |
| Equal to or greater than<br>Equal to or less than<br>esophageal detection device<br>esophageal obturator airway              | EPI<br>≥<br>EDD<br>EOA              |

| every                          | q       |
|--------------------------------|---------|
| external jugular vein          | EJV     |
| fever of unknown origin        | FUO     |
| for example                    | e.g.    |
| foreign body                   | FB      |
| four times a day               | qid     |
| fracture                       | fx      |
| French                         | Fr.     |
| gallbladder                    | GB      |
| gastrointestinal               | GI      |
| gauge                          | Ga      |
| Glasgow Coma Scale             | GCS     |
| gram                           | g or gm |
| greater than                   | >       |
| gunshot wound                  | GSW     |
| hazardous materials            | HazMat  |
| head, ears, eyes, nose, throat | HEENT   |
| Headache                       | H/a     |
| heart block                    | HB      |
| heart rate                     | HR      |
| history                        | Hx      |
| hypertension                   | HTN     |
| Incident Command               | IC      |
| increasing                     | 1       |
| inferior                       | inf.    |
| insulin dependent diabetes     | IDDM    |
| intercostal space              | ICS     |
| intracranial pressure          | ICP     |
| intramuscular                  | IM      |
| intranasal                     | IN      |
| intraosseous                   | IO      |
| intravenous                    | IV      |
| intravenous push               | IVP     |
| joule                          | J       |
| jugular venous distension      | JVD     |
| Kendrick Extrication Device    | KED     |
| kilogram                       | kg      |
| labor & delivery               | L&D     |
| last normal menstrual period   | LNMP    |
| left                           | (L)     |
| Left lower/upper extremity     | LLE/LUE |
| Left lower/upper lobe          | LLL/LUL |
| left lower/upper quadrant      | LLQ/LUQ |
| left bundle branch block       | LBBB    |
| less than                      | <       |
| lights and siren               | L&S     |
| liters per minute              | lpm     |
| liter                          | L.      |
| loss or level of consciousness | LOC     |
| mass casualty event            | MCE     |
| mechanism of injury            | MOI     |
| medial                         | med.    |
| medical control physician      | MCP     |
| metered dose inhaler           | MDI     |

| microgram   | mcg.  |
|---|---|
| milliequivalent   | mEq   |
| milligram   | mg.   |
| milliliter (same as cc.)  | ml.   |
| motor vehicle collision   | MVC   |
| multiple casualty incident  | MCI   |
| multiple sclerosis  | MS  |
| myocardial infarction   | MI  |
| nasal cannula   | NC  |
| nasopharyngeal airway   | NPA   |
| nausea & vomiting   | N&V   |
| newborn   | NB  |
| nitroglycerine  | NTG   |
| no known drug allergies   | NKDA/NKA  |
| non-rebreather mask   | NRM   |
| nonsteroidal anti-inflammatory  | NSAID   |
| normal saline   | NS  |
| normal saline lock  | NSL   |
| normal sinus rhythm   | NSR   |
| not applicable / available  | n/a   |
| nothing by mouth  | NPO   |
| O2 % of arterial blood  | SpO2  |
| obstetrics  | OB  |
| oropharyngeal airway  | OPA   |
| over the counter  | OTC   |
| overdose  | OD  |
| packs per day   | p/d   |
| parts per million   | ppm   |
| past medical history  | PMH   |
| patient   | pt.   |
| pelvic inflammatory disease   | PID   |
|   |   |
| penicillin  |   |
| penicillin<br>peptic ulcer disease  | PCN   |
| peptic ulcer disease  | PCN<br>PUD  |
| peptic ulcer disease<br>peripheral inserted central cath  | PCN   |
| peptic ulcer disease<br>peripheral inserted central cath<br>pharyngo tracheal lumen airway  | PCN<br>PUD<br>PICC<br>PtL   |
| peptic ulcer disease<br>peripheral inserted central cath<br>pharyngo tracheal lumen airway<br>pregnancies, number of  | PCN<br>PUD<br>PICC<br>PtL<br>Gravida  |
| peptic ulcer disease<br>peripheral inserted central cath<br>pharyngo tracheal lumen airway<br>pregnancies, number of<br>premature ventricular complex   | PCN<br>PUD<br>PICC<br>PtL<br>Gravida<br>PVC   |
| peptic ulcer disease<br>peripheral inserted central cath<br>pharyngo tracheal lumen airway<br>pregnancies, number of<br>premature ventricular complex<br>prior to my arrival  | PCN<br>PUD<br>PICC<br>PtL<br>Gravida<br>PVC<br>PTA  |
| peptic ulcer disease<br>peripheral inserted central cath<br>pharyngo tracheal lumen airway<br>pregnancies, number of<br>premature ventricular complex<br>prior to my arrival<br>pulmonary embolism  | PCN<br>PUD<br>PICC<br>PtL<br>Gravida<br>PVC<br>PTA<br>PE  |
| peptic ulcer disease<br>peripheral inserted central cath<br>pharyngo tracheal lumen airway<br>pregnancies, number of<br>premature ventricular complex<br>prior to my arrival<br>pulmonary embolism<br>pulse   | PCN<br>PUD<br>PICC<br>PtL<br>Gravida<br>PVC<br>PTA<br>PE<br>P   |
| peptic ulcer disease<br>peripheral inserted central cath<br>pharyngo tracheal lumen airway<br>pregnancies, number of<br>premature ventricular complex<br>prior to my arrival<br>pulmonary embolism<br>pulse<br>pulse, motor, sensation  | PCN<br>PUD<br>PICC<br>PtL<br>Gravida<br>PVC<br>PTA<br>PE<br>P<br>PMS  |
| peptic ulcer disease<br>peripheral inserted central cath<br>pharyngo tracheal lumen airway<br>pregnancies, number of<br>premature ventricular complex<br>prior to my arrival<br>pulmonary embolism<br>pulse<br>pulse, motor, sensation<br>pulseless electrical activity   | PCN<br>PUD<br>PICC<br>PtL<br>Gravida<br>PVC<br>PTA<br>PE<br>P   |
| peptic ulcer disease<br>peripheral inserted central cath<br>pharyngo tracheal lumen airway<br>pregnancies, number of<br>premature ventricular complex<br>prior to my arrival<br>pulmonary embolism<br>pulse<br>pulse, motor, sensation  | PCN<br>PUD<br>PICC<br>PtL<br>Gravida<br>PVC<br>PTA<br>PE<br>P<br>PMS  |
| peptic ulcer disease<br>peripheral inserted central cath<br>pharyngo tracheal lumen airway<br>pregnancies, number of<br>premature ventricular complex<br>prior to my arrival<br>pulmonary embolism<br>pulse<br>pulse, motor, sensation<br>pulseless electrical activity<br>pupils (=), round, reactive  | PCN<br>PUD<br>PICC<br>PtL<br>Gravida<br>PVC<br>PTA<br>PE<br>P<br>PMS<br>PEA   |
| peptic ulcer disease<br>peripheral inserted central cath<br>pharyngo tracheal lumen airway<br>pregnancies, number of<br>premature ventricular complex<br>prior to my arrival<br>pulmonary embolism<br>pulse<br>pulse, motor, sensation<br>pulseless electrical activity<br>pupils (=), round, reactive<br>to light & accommodation  | PCN<br>PUD<br>PICC<br>PtL<br>Gravida<br>PVC<br>PTA<br>PE<br>P<br>PMS<br>PEA<br>PERRLA   |
| peptic ulcer disease<br>peripheral inserted central cath<br>pharyngo tracheal lumen airway<br>pregnancies, number of<br>premature ventricular complex<br>prior to my arrival<br>pulmonary embolism<br>pulse<br>pulse, motor, sensation<br>pulseless electrical activity<br>pupils (=), round, reactive<br>to light & accommodation<br>right bundle branch block   | PCN<br>PUD<br>PICC<br>PtL<br>Gravida<br>PVC<br>PTA<br>PE<br>P<br>PMS<br>PEA<br>PERRLA<br>RBBB   |
| peptic ulcer disease<br>peripheral inserted central cath<br>pharyngo tracheal lumen airway<br>pregnancies, number of<br>premature ventricular complex<br>prior to my arrival<br>pulmonary embolism<br>pulse<br>pulse, motor, sensation<br>pulseless electrical activity<br>pupils (=), round, reactive<br>to light & accommodation<br>right bundle branch block<br>right lower/upper extremity  | PCN<br>PUD<br>PICC<br>PtL<br>Gravida<br>PVC<br>PTA<br>PE<br>P<br>PMS<br>PEA<br>PERRLA<br>RBBB<br>RLE/RUE  |
| peptic ulcer disease<br>peripheral inserted central cath<br>pharyngo tracheal lumen airway<br>pregnancies, number of<br>premature ventricular complex<br>prior to my arrival<br>pulmonary embolism<br>pulse<br>pulse, motor, sensation<br>pulseless electrical activity<br>pupils (=), round, reactive<br>to light & accommodation<br>right bundle branch block<br>right lower/upper lobe<br>right middle lobe  | PCN<br>PUD<br>PICC<br>PtL<br>Gravida<br>PVC<br>PTA<br>PE<br>P<br>PMS<br>PEA<br>PERRLA<br>RBBB<br>RLE/RUE<br>RLL/RUL                                   |
| peptic ulcer disease<br>peripheral inserted central cath<br>pharyngo tracheal lumen airway<br>pregnancies, number of<br>premature ventricular complex<br>prior to my arrival<br>pulmonary embolism<br>pulse<br>pulse, motor, sensation<br>pulseless electrical activity<br>pupils (=), round, reactive<br>to light & accommodation<br>right bundle branch block<br>right lower/upper lobe<br>right middle lobe<br>rapid sequence induction  | PCN<br>PUD<br>PICC<br>PtL<br>Gravida<br>PVC<br>PTA<br>PE<br>P<br>PMS<br>PEA<br>PERRLA<br>RBBB<br>RLE/RUE<br>RLL/RUL<br>RML                            |
| peptic ulcer disease<br>peripheral inserted central cath<br>pharyngo tracheal lumen airway<br>pregnancies, number of<br>premature ventricular complex<br>prior to my arrival<br>pulmonary embolism<br>pulse<br>pulse, motor, sensation<br>pulseless electrical activity<br>pupils (=), round, reactive<br>to light & accommodation<br>right bundle branch block<br>right lower/upper lobe<br>right middle lobe  | PCN<br>PUD<br>PICC<br>PtL<br>Gravida<br>PVC<br>PTA<br>PE<br>P<br>PMS<br>PEA<br>PERRLA<br>RBBB<br>RLE/RUE<br>RLL/RUL<br>RML<br>RSI                     |
| peptic ulcer disease<br>peripheral inserted central cath<br>pharyngo tracheal lumen airway<br>pregnancies, number of<br>premature ventricular complex<br>prior to my arrival<br>pulmonary embolism<br>pulse<br>pulse, motor, sensation<br>pulseless electrical activity<br>pupils (=), round, reactive<br>to light & accommodation<br>right bundle branch block<br>right lower/upper extremity<br>right lower/upper lobe<br>right middle lobe<br>rapid sequence induction<br>respiratory rate<br>returned to service                            | PCN<br>PUD<br>PICC<br>PtL<br>Gravida<br>PVC<br>PTA<br>PE<br>P<br>PMS<br>PEA<br>PERRLA<br>RBBB<br>RLE/RUE<br>RLL/RUL<br>RML<br>RSI<br>RR<br>RTS        |
| peptic ulcer disease<br>peripheral inserted central cath<br>pharyngo tracheal lumen airway<br>pregnancies, number of<br>premature ventricular complex<br>prior to my arrival<br>pulmonary embolism<br>pulse<br>pulse, motor, sensation<br>pulseless electrical activity<br>pupils (=), round, reactive<br>to light & accommodation<br>right bundle branch block<br>right lower/upper extremity<br>right lower/upper lobe<br>right middle lobe<br>rapid sequence induction<br>respiratory rate<br>returned to service<br>rheumatic heart disease | PCN<br>PUD<br>PICC<br>PtL<br>Gravida<br>PVC<br>PTA<br>PE<br>P<br>PMS<br>PEA<br>PERRLA<br>RBBB<br>RLE/RUE<br>RLL/RUL<br>RML<br>RSI<br>RR               |
| peptic ulcer disease<br>peripheral inserted central cath<br>pharyngo tracheal lumen airway<br>pregnancies, number of<br>premature ventricular complex<br>prior to my arrival<br>pulmonary embolism<br>pulse<br>pulse, motor, sensation<br>pulseless electrical activity<br>pupils (=), round, reactive<br>to light & accommodation<br>right bundle branch block<br>right lower/upper extremity<br>right lower/upper lobe<br>right middle lobe<br>rapid sequence induction<br>respiratory rate<br>returned to service                            | PCN<br>PUD<br>PICC<br>PtL<br>Gravida<br>PVC<br>PTA<br>PE<br>P<br>PMS<br>PEA<br>PERRLA<br>RBBB<br>RLE/RUE<br>RLL/RUL<br>RML<br>RSI<br>RR<br>RTS<br>RHD |

### RUN DOCUMENTATION REQUIREMENTS

| secondary / second degree          | 2°        |
|------------------------------------|-----------|
| sedate to intubate                 | StI       |
| sexually transmitted disease       | STD       |
| shortness of breath                | SOB       |
| signs/symptoms                     | S/S       |
| sino-atrial                        | SA        |
| sinus bradycardia                  | SB        |
| sinus tachycardia                  | ST        |
| standard operating procedure       | SOP       |
| standing orders                    | SO        |
| ST elevation MI                    | STEMI     |
| subcutaneous                       | SQ        |
| sublingual                         | SL        |
| sudden infant death syndrome       | SIDS      |
| supraventricular tachycardia       | SVT       |
| symptoms                           | Sxs       |
| systolic blood pressure            | SBP       |
| tachycardia                        | tach(y)   |
| temperature                        | T         |
| temporomandibular joint            | TMJ       |
| that is                            | i.e.      |
| three times a day                  | tid       |
| tibia                              | Tib       |
| times                              | ×         |
| to keep open                       | тко       |
| tourniquet                         | TQ        |
| tracheal deviation                 | TD        |
|                                    | Tx        |
| transport<br>transcutaneous pacing | TCP       |
| transfer                           | x-fer     |
|                                    | TIA       |
| transient ischemic attack          |           |
| treatment/medication               | Rx        |
| tuberculosis                       | TB        |
| twice a day                        | bid       |
| unconscious                        | unc.      |
| unequal / not equal                | ¥         |
| Unified command                    | UC        |
| unknown                            | unk.      |
| upper/lower                        | U/L       |
| upper respiratory infection        | URI       |
| urinary tract infection            | UTI       |
| ventricular fibrillation           | VF/ VFib  |
| ventricular tachycardia            | VT/ VTach |
| vital signs                        | VS        |
| warm & dry                         | w/d       |
| week                               | wk.       |
| weight                             | wt.       |
| white                              | W         |
| with                               | c         |
| within normal limits               | WNL       |
| without                            | s or w/o  |
| Wolff Parkinson-White              | WPW       |
| year                               | yr.       |
| years old                          | y/o or yo |
| Jeans one                          | y/0 01 y0 |

Every crew transporting a patient is expected to provide a full run sheet to the hospital.

An abbreviated version of a run report, sometimes called a "quick sheet" may be left at the time of transport, but the hospital MUST receive a full, final copy of the run sheet within three hours (with rare exceptions, e.g., major incidents). When a quick sheet is used, it MUST include (at a minimum)

all the following:

- Patient's full name
- Age
- Chief complaint
- History of the Present Illness or MOI
- PMH
- Medications
- Allergies
- Vital signs with times

• Prehospital assessment and interventions along with the timing of any medication or intervention and patient response to such interventions

Use of abbreviations must be limited to the abbreviations in this document.

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#### ADULT PROTOCOL SKILL EVALUATION: OXYGEN ADMINISTRATION

NAME\_\_\_\_\_

DATE\_\_\_\_\_

LEVEL: \_\_\_\_EMR

#### NONREBREATHER MASK

| STEPS  | 1st Test | 2nd Test | 3rd Test |
|--|----------|----------|----------|
| A. List indications for oxygen delivery by nonrebreather |          |          |          |
| mask.  |          |          |          |
| B. Assure regulator is on tank, open tank and check for  |          |          |          |
| leaks.   |          |          |          |
| C. Check tank pressure                                   |          |          |          |
| D. Attach nonrebreather mask to oxygen.                  |          |          |          |
| E. Prefill reservoir                                     |          |          |          |
| F. Adjust liter flow to 12 - 15 LPM.                     |          |          |          |
| G. Apply and adjust mask to patient's face.              |          |          |          |

#### NASAL CANNULA

| STEPS   | 1st Test | 2nd Test | 3rd Test |
|---|----------|----------|----------|
| A. List indications for oxygen delivery by nasal cannula. |          |          |          |
| B. Assure regulator is on tank, open tank and check for   |          |          |          |
| leaks.  |          |          |          |
| C. Check tank pressure                                    |          |          |          |
| D. Attach nasal cannula to oxygen.                        |          |          |          |
| E. Adjust liter flow to 4 - 6 LPM.                        |          |          |          |
| F. Apply and nasal cannula to patient.                    |          |          |          |

#### **BAG-VALVE-MASK**

| STEPS  | 1st  | 2nd  | 3rd  |
|--|------|------|------|
|  | Test | Test | Test |
| A. List indications for oxygen delivery by bag-valve-mask          |      |      |      |
| B. Assure regulator is on tank, open tank and check for leaks.     |      |      |      |
| C. Check tank pressure   |      |      |      |
| D. Assemble bag-valve-mask with appropriately sized mask.          |      |      |      |
| F. Connect reservoir and set oxygen at 12 - 15 LPM.                |      |      |      |
| G. Create a proper mask-to-face seal while maintaining open airway |      |      |      |
| position.  |      |      |      |
| H. Ventilate @ appropriate rate and check for chest rise.          |      |      |      |



# ADULT PROTOCOL SKILL EVALUATION CPAP ASSESSMENT AND APPLICATION

| ME:  | DATE:  |                 | -               |                 |
|------|--|-----------------|-----------------|-----------------|
| vel: | EMT AEMT Paramedic   |                 |                 |                 |
| S    | TEPS   | 1 <sup>st</sup> | 2 <sup>nd</sup> | 3 <sup>rd</sup> |
|      |  | Test            | Test            | Test            |
| Р    | repares patient:   |                 |                 |                 |
|      | Takes or verbalizes appropriate PPE precautions  |                 |                 |                 |
|      | Assures adequate blood pressure 100 Systolic   |                 |                 |                 |
|      | Positions patient in a position that will optimize ease of ventilation                   |                 |                 |                 |
| A    | ssesses patient to identify indications for CPAP:  |                 |                 |                 |
|      | Asthmatic  |                 |                 |                 |
|      | Congestive heart failure   |                 |                 |                 |
|      | Pulmonary edema  |                 |                 |                 |
|      | COPD   |                 |                 |                 |
| A    | ssesses patient to identify contraindications for CPAP:                                  |                 |                 |                 |
|      | Pt must be age 16 or older   |                 |                 |                 |
|      | Unconscious, unresponsive, inability to protect airway or inability to                   |                 |                 |                 |
|      | Speak.   |                 |                 |                 |
|      | Inability to sit up  |                 |                 |                 |
|      | Respiratory arrest or agonal respiration   |                 |                 |                 |
|      | Nausea/vomiting  |                 |                 |                 |
|      | Hypotension – Systolic <100  |                 |                 |                 |
|      | Suspected pneumothorax   |                 |                 |                 |
|      | Cardiogenic shock  |                 |                 |                 |
|      | Penetrating chest trauma   |                 |                 |                 |
|      | Facial anomalies/trauma/burns  |                 |                 |                 |
|      | Closed head injury   |                 |                 |                 |
|      | Active upper GI bleeding or history of recent gastric surgery                            |                 |                 |                 |
| S    | elects, checks and assembles equipment:  |                 |                 |                 |
|      | Assembles mask and tubing according to manufacturer instructions                         |                 |                 |                 |
|      | Coaches patient how to breathe through mask  |                 |                 |                 |
|      | Connects CPAP unit to suitable O2 supply and attaches breathing                          |                 |                 |                 |
|      | circuit to device.   |                 |                 |                 |
| Pe   | Turns on oxygen  |                 |                 |                 |
|      | Sets device parameters, if applicable (end at 10 cm H <sub>2</sub> O)                    |                 |                 |                 |
|      | erforms procedure:   |                 |                 |                 |
|      | Places mask over patients mouth and nose (leave EtCO2 in place, if applicable).          |                 |                 |                 |
|      |  |                 |                 |                 |
|      | May start at 5 cm H <sub>2</sub> O, but must end at 10 cm H <sub>2</sub> O for treatment |                 |                 |                 |
|      | Coaches patient to breathe normally  |                 |                 |                 |

| May start at 5 cm $H_2O$ , but must end at 10 cm $H_2O$ for treatment |  |  |
|---|--|--|
| Coaches patient to breathe normally                                   |  |  |
| Frequently reassesses patient for desired effects                     |  |  |
| Decreased ventilatory distress  |  |  |
| SpO2 > 92%  |  |  |
| Decreased adventitious lung sounds                                    |  |  |
| Absence of reactions (barotrauma, pneumothorax)                       |  |  |
| Records settings/readings and documents appropriately                 |  |  |







Use the DISS fitting to connect CPAP to the portable tank

#### YouTube Video: How to Set Up CPAP

Instructions for application of CPAP:

- 1. Choose appropriate size mask
- 2. Attach the tubing to the DISS fitting
- 3. Expand the corrugated tubing fully





6. Clip the lower strap to the



9. To adjust the forehead pad gently squeeze the tabs and move up or down and forward and backward.



4.Place the mask over patient's nose and mouth



 Adjust the straps of the mask so that it fits loosely. Overtightening the straps causes the mask to crinkle and cause a leak



10. Adjust the PEEP according to local protocol



5. Couch the patient to hold the mask to reduce anxiety if possible



8. Adjustable forehead pad can be moved further increase the comfort for the patient



11. Monitor patient condition, SpO2 and EtCO2. Check for leaks.

# ADULT PROTOCOL SKILL EVALUATION: OROTRACHEAL INTUBATION OF THE NON-TRAUMA PATIENT

NAME\_\_\_\_\_

DATE

\_LEVEL: \_\_\_\_Paramedic





| STEPS  | 1 <sup>st</sup><br>Test | 2 <sup>nd</sup><br>Test | 3 <sup>rd</sup><br>Test |
|--|-------------------------|-------------------------|-------------------------|
| A. List the indications for endotracheal intubation, with emphasis on  | Test                    | 1051                    | 1051                    |
| situations in addition to cardiac arrest.  |                         |                         |                         |
| B. List the equipment required to perform endotracheal intubation.   |                         |                         |                         |
| C. List the potential complications of endotracheal intubation.  |                         |                         |                         |
| D. Open the airway.  |                         |                         |                         |
| E. Pre-oxygenate patient during preparations to intubate.  |                         |                         |                         |
| F. Demonstrate the performance of cricoid pressure.  |                         |                         |                         |
| G. Assemble equipment.   |                         |                         |                         |
| H. Insert laryngoscope.  |                         |                         |                         |
| I. Elevate the mandible.   |                         |                         |                         |
| J. Insert the proper size ET tube.   |                         |                         |                         |
| K. Remove the stylet.  |                         |                         |                         |
| L. Document ETT at 21-23 cm at front teeth.  |                         |                         |                         |
| M. Inflate the cuff with 5 to 10 ml. of air.   |                         |                         |                         |
| N. Ventilate the patient.  |                         |                         |                         |
| O. Confirm tube placement, using Capnography or Colorimetry.<br>Be able to discuss the indications and limitations of each device. |                         |                         |                         |
| P. Confirm tube placement with at least 5 methods of verification and  |                         |                         |                         |
| document the outcomes.   |                         |                         |                         |
| • Auscultation of epigastrium, anterior chest, midaxillary areas,  |                         |                         |                         |
| epigastrium again  |                         |                         |                         |
| • Condensation in the ETT  |                         |                         |                         |
| • Visualization of tube passing between vocal cords  |                         |                         |                         |
| A Depth of insertion of $21-23$ cm marking at the teeth  |                         |                         |                         |
| • Chest rise and fall  |                         |                         |                         |
| • Improvement in patient's color   |                         |                         |                         |
| <ul> <li>Improved pulse-ox readings</li> </ul>   |                         |                         |                         |
| Q. Secure tube in place & reassess placement after any movement of patient.  |                         |                         |                         |
| R. Consider applying cervical collar to prevent extubation   |                         |                         |                         |

#### **EQUIPMENT:**

| 1. Proper size endotracheal | 4. Magill forceps          |
|-----------------------------|----------------------------|
| tube                        | 5. 10 ml. syringe          |
| 2. Stylet                   | 6. Suction equipment       |
| 3. Laryngoscope Blade &     | 7. Stethoscope             |
| handle                      | 8. Gloves & Eye protection |
|                             |                            |

 9. Commercial tube holder or proper taping method.
 10. Confirmation Device
 11. C-collar

12. Adult Intubation Manikin

When preparing for this skill evaluation, be sure that you can meet the objectives A, B, C, G, and O. If you need areminder, the material is readily available in any standard textbook.

# ADULT PROTOCOL SKILL EVALUATIO: IN-LINE OROTRACHEAL INTUBATION OF THE TRAUMA PATIENT

NAME

DATE

AEMT

\_LEVEL: \_\_\_\_Paramedic

| 17 | 7 |
|----|---|

| STEPS   | 1 <sup>st</sup> | 2 <sup>nd</sup> | 3 <sup>rd</sup> |
|---|-----------------|-----------------|-----------------|
| ~   | Test            | Test            | Test            |
| A. List the indications for endotracheal intubation, with emphasis on       |                 |                 |                 |
| situations in addition to cardiac arrest.                                   |                 |                 |                 |
| B. List the equipment required to perform endotracheal intubation.          |                 |                 |                 |
| C. List the potential complications of endotracheal intubation.             |                 |                 |                 |
| D. Open the airway using c-spine precautions.                               |                 |                 |                 |
| E. Pre-oxygenate patient during preparations to intubate.                   |                 |                 |                 |
| F. Demonstrate performance of cricoid pressure.                             |                 |                 |                 |
| G. Assemble equipment.  |                 |                 |                 |
| H. Insert laryngoscope.   |                 |                 |                 |
| I. Elevate the mandible.  |                 |                 |                 |
| J. Insert the ET tube.  |                 |                 |                 |
| K. Remove the stylet.   |                 |                 |                 |
| L. Document ETT at 21-23 cm at front teeth.                                 |                 |                 |                 |
| M. Inflate the cuff with 5 to 10 ml. of air.                                |                 |                 |                 |
| N. Ventilate the patient.   |                 |                 |                 |
| O. Confirm tube placement, using Capnography or Colorimetry.                |                 |                 |                 |
| Be able to discuss the indications and limitations of each device.          |                 |                 |                 |
| P. Confirm tube placement with at least 5 methods of verification and       |                 |                 |                 |
| document the outcomes.  |                 |                 |                 |
| • Auscultation of epigastrium, anterior chest, midaxillary areas,           |                 |                 |                 |
| epigastrium again   |                 |                 |                 |
| Condensation in the ETT   |                 |                 |                 |
| <ul> <li>Visualization of tube passing between vocal cords</li> </ul>       |                 |                 |                 |
| A Depth of insertion of 21-23 cm marking at the teeth                       |                 |                 |                 |
| • Chest rise and fall   |                 |                 |                 |
| • Improvement in patient's color  |                 |                 |                 |
| • Improved pulse-ox readings  |                 |                 |                 |
| Q. Secure tube in place & reassess placement after any movement of patient. |                 |                 |                 |
| R. Apply cervical collar.   |                 |                 |                 |

#### **EQUIPMENT**:

- 1. Proper size endotracheal tube 2. Stylet
- 3. Laryngoscope blade & handle
- 4. Magill forceps

- 5. 10 ml. syringe
- 6. Suction equipment
- 7. Stethoscope
- 8. Gloves & eye protection 9. Commercial tube holder or proper taping method.
- 10. Confirmation device
- 11. C-collar
- 12. Adult intubation manikin

When preparing for this skill evaluation, be sure that you can meet the objectives A, B, C, G, and O. If youneed a reminder, the material is readily available in any standard textbook.

- A. List of indications for ET intubation:
  - a. Insufficient respiratory rates, less than 10 or greater than 29
  - b. Irregular respiratory rhythm
  - c. Abnormal breath sounds
  - d. Inadequate chest expansion and respiratory depth
  - e. Excessive effort to breath
  - f. Use of accessory muscles
  - g. Nasal flaring
  - h. Pallor or cyanosis
  - i. Cardiac dysrhythmias
- B. List of complications of ET intubation:
  - a. Esophageal intubation
  - b. Bronchospasm
  - c. Laryngospasm
  - d. Pulmonary aspiration
  - e. Trauma to lip, tongue or teeth
- C. Assemble and check equipment used by your department prior to
  - intubation.
- D. Confirm tube placement:
  - a. capnography
  - b. auscultation of epigastrium, anterior chest, midaxillary areas, epigastrium again
  - c. condensation of the tube
  - d. visualization of tube passing between vocal cords
  - e. depth of insertion of 21-23 cm marking at the teeth proper depth placement of tracheal tube in the pediatric patient can be calculated by the following formula: depth of insertion (length of tube at teeth or gum line) = tube size x 3
  - f. chest rise and fall
  - g. improvement in patient's color
  - h. improved pulse-ox readings
  - i. AHA ACLS Confirm ET Tube Placement https://www.youtube.com/watch?v=Mvnlh9gDWX0

# ELECTRONIC END TIDAL CO2 (EtCO2) MONITOR - CAPNOGRAPHY

1. Capnography or capnometry is considered the "gold standard" of tube placement confirmation. Waveform EtCO2 is the preferred confirmation device. These devices measure the amount of CO2 in the exhaled ventilations of patients. Capnography can be used on intubated or nonintubated patients. Mainstream sensor can be used on patients with or without adequate perfusion.

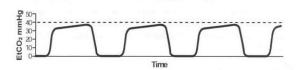
2. Two types of sensors can be used:



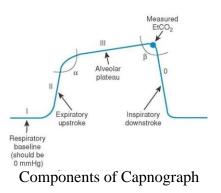
BVM Adaptor



Nasal Cannula Adaptor



Normal Capnograph



End Tidal Capnography Review: https://www.youtube.com/watch?v=XvKmdNJpI4k

Understanding waveforms and how to interpret them can provide a great deal of information.

### **Intubated Patient**

Sudden loss of waveform

- · ET tube disconnected, dislodged, kinked or obstructed
- · Loss of circulatory function

#### Decreasing EtCO<sub>2</sub>

- · ET tube cuff leak
- · ET tube in hypopharynx
- · Partial obstruction

#### **CPR** Assessment

· Attempt to maintain minimum of 10mmHg

#### Sudden increase in EtCO2

· Return of spontaneous circulation (ROSC)

# **Non-intubated Patient**

Bronchospasm ("Shark-fin" appearance)

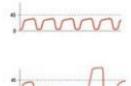
 Asthma · COPD



Hypoventilation



Hyperventilation



#### Decreased EtCO<sub>2</sub>

- Apnea
- Sedation





# END TIDAL CO2 DETECTOR (EtCO2) - COLORIMETRIC

# Qualitative capnometric device

- Colorimetric EtCO2 detector.
- A piece of specially treated litmus paper
- Changes color when exposed to CO2

Purple for EtCO2 <3 mmHg Tan for 3 to 15 mmHg Yellow for >15 mmHg



#### Limitations:

1. The colorimetric EtCO2 detector may be utilized as a confirmation device for patients in cardiac arrest, IF it shows the presence of CO2 (color change to yellow). If there is no color change, use other confirmation methods. The absence of color change may be caused by a lack of perfusion, but it may also indicate esophageal intubation.

2. Secretions, emesis, etc. can ruin the device.

3.A patient with large amounts of carbonated beverages (e.g. beer) in their stomach can give false positive result. The device may sense the CO2 given off by that beverage and indicate that the tube is in the trachea when it is in the esophagus.

4. The device can be used for no more than two hours.

- 5. Follow manufacturer's recommendations for weight restrictions.
- 6. Medication issues:
  - intravenous sodium bicarbonate will produce more carbon dioxide enhancing the color

# ADULT PROTOCOL SKILL EVALUATION: NASOTRACHEAL INTUBATION

NAME\_

\_LEVEL: Paramedic

DATE

|  | đạt                     | and                     | 0-1                     |
|--|-------------------------|-------------------------|-------------------------|
| STEPS  | 1 <sup>st</sup><br>Test | 2 <sup>nd</sup><br>Test | 3 <sup>rd</sup><br>Test |
| A. List the indications for nasotracheal intubation.   | Test                    | Test                    | Test                    |
| B. List the equipment required to perform nasotracheal intubation.   |                         |                         |                         |
| C. List the potential complications of nasotracheal intubation.  |                         |                         |                         |
| D. Open the airway.  |                         |                         |                         |
| E. Pre-oxygenate patient during preparations to intubate.  |                         |                         |                         |
| F. If patient's condition is potentially due to trauma, maintain C-spine precautions.  |                         |                         |                         |
| G. Assemble equipment, select the appropriate ET tube. (Usually 7.0 or larger)   |                         |                         |                         |
| H. As you insert the ET tube into the most patent nostril.   |                         |                         |                         |
| I. Pass the tube along the floor of the nostril until it passes into the back of the   |                         |                         |                         |
| throat.  |                         |                         |                         |
| J. Advance tube slowly forward monitoring air flow via tube and from the patient's mouth. (Use BAAM device if available, listen for increased sounds of whistle) |                         |                         |                         |
| <ul> <li>If using an Endotrol, flexing the tube with its control loop will help align it</li> </ul>  |                         |                         |                         |
| with the trachea.  |                         |                         |                         |
| • If the tube enters into the esophagus, there will be no air flow through the   |                         |                         |                         |
| tube, air flow will continue through the mouth. The patient may gag.   |                         |                         |                         |
| • If the tube enters into the trachea, air flow will continue through the tube.  |                         |                         |                         |
| There may be slight flow through the mouth. The patient may cough. Have  |                         |                         |                         |
| the patient take in a deep breath.   |                         |                         |                         |
| K. If using BAAM, there should be a definite increase in the sound of the whistle.   |                         |                         |                         |
| Document and remove the BAAM.  |                         |                         |                         |
| • Once the tube is in the trachea, inflate the cuff with 5-10 ml of air. Tape the  |                         |                         |                         |
| ETT in place after assuring proper position.   |                         |                         |                         |
| L. Ventilate the patient.  |                         |                         |                         |
| M. Confirm tube placement, specifying at least 5 methods of verification:  |                         |                         |                         |
| • Auscultation of epigastrium, anterior chest, midaxillary areas, epigastrium  |                         |                         |                         |
| again  |                         |                         |                         |
| Condensation in the ETT  |                         |                         |                         |
| <ul> <li>Visualization of tube passing between vocal cords</li> </ul>  |                         |                         |                         |
| A Depth of insertion $\sim 25$ cm marking at the nares   |                         |                         |                         |
| Chest rise and fall  |                         |                         |                         |
| • Improvement in patient's color   |                         |                         |                         |
| • Improved pulse-ox readings   |                         |                         |                         |
| N. Secure tube in place & reassess placement after any movement of patient.  |                         |                         |                         |
| O. Consider application of a cervical collar.  |                         |                         |                         |

### **EQUIPMENT:**

| 1. Proper size endotracheal | 5. 10 ml. syringe            | 10. Confirmation device      |
|-----------------------------|------------------------------|------------------------------|
| tube (7.0, 7.5, 8.0)        | 6. Suction equipment         | 11. C-collar                 |
| 2. Lubricant                | 7. Stethoscope               | 12. Adult intubation manikin |
| 3. Laryngoscope blade &     | 8. Gloves & eye protection   | 13. BAAM device              |
| handle                      | 9. Commercial tube holder or |                              |
| 4. Magill forceps           | proper taping method.        |                              |

When preparing for this skill evaluation, be sure that you can meet the objectives A, B, C, and M. If you need a reminder, the material is readily available in any standard textbook

- A. Indications for nasotracheal intubation:
  - Inability to intubate orally because of:

- Inability to adequately open the patient's mouth due to clenching of the teeth, mandibular fractures, oral cavity soft tissue inflammation.

- Inability to adequately visualize the vocal cords because of apparent or suspected neck injury or deformity to the neck.

- If intubation is required in an awake patient and/or patient can't be placed in the supine position

- Patient has to breath on his/her own
- **B.** Potential complications or relative contraindications:
  - facial fractures
  - head injury
  - use of anticoagulants
- **C.** You should use an Endotrol et tube or prepare the tube by inserting distal end of the tube into its proximalopening, thus molding it into a formed circle.



Endotrol – commercial ET tube made for performing nasotracheal intubation



Prep for other type ET tube: Prepare 2 tubes, thus having access to the second one immediately.

Prior to insertion prepare the patient with (reference in GP 1008.1)

- Lidocaine 100 mg IN (half in each nostril) or nebulized with 8-10 LPM O2
- Lubricate the distal end of ET tube with lidocaine jelly
- Place BAAM on the proximal end of the ET tube.



BAAM – Beck Airway Airflow Monitor Small plastic device that attaches to the ET tube. It emits a whistle sound when the patient inhales and exhales which should become notably louder with cuff inflation.



- When the nasotracheal tube is correctly placed, there is often an inch or so between the nose and the ET adapter. That requires physical assessment, including depth of the tube, and auscultation.
- If a commercial ET tube tie for nasotracheal intubation is not available, you can use IV tubing. Cut of the chamber and any ports, use just the plastic tube.



i. Make a bight in the middle of the tubing





ii. Pull the ends through the bite

iii. Create a loop around the ET tube.



**IV.** Bring the ends of the tubing around patient's face and base of the head secure in place.

Here is the link to a short video to show the procedure of securing ET tube described above:

YouTube Video: Securing an ET Tube YouTube Video: Securing an ET Tube

NOTE:

If the patient is resisting the tube after the confirmed intubation and SBP>100

- Consider Midazolam 2 mg slow IV push

If the patient is resisting the tube after the confirmed intubation and SBP<100

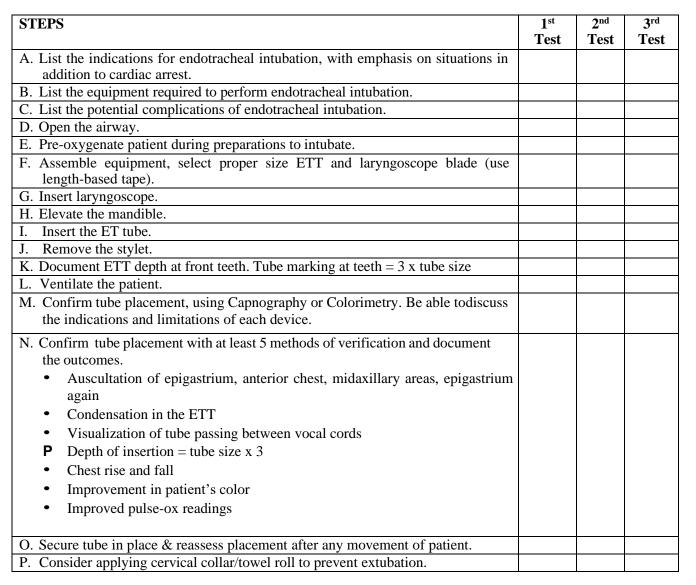
- Consider Ketamine 100 mg slow IV push

# PEDIATRIC PROTOCOL SKILL EVALUATION: PEDIATRIC OROTRACHEAL INTUBATION

NAME\_\_\_\_\_

DATE

LEVEL: \_\_\_\_Paramedic \_\_\_\_\_AEMT



#### **EQUIPMENT:**

| 1. Proper size endotracheal | 6. Stethoscope              |
|-----------------------------|-----------------------------|
| tube                        | 7. Gloves & eye protection  |
| 2. Proper size stylet       | 8. Commercial tube holder   |
| 3. Laryngoscope blade &     | or proper taping method.    |
| handle                      | 9. Confirmation Device      |
| 4. Magill forceps           | 10. C-collar or towel roll  |
| 5. Suction equipment        | 11. Pedi intubation manikin |

When preparing for this skill evaluation, be sure that you can meet the objectives A, B, C, F, and M. If you needa reminder, the material is readily available in any standard textbook.



# ADULT PROTOCOL SKILL EVALUATION: NEEDLE CRICOTHYROTOMY

NAME\_\_\_\_\_ LEVEL: Paramedic

DATE



| ST | EPS   | 1 <sup>st</sup> | 2 <sup>nd</sup> | 3 <sup>rd</sup> |
|----|---|-----------------|-----------------|-----------------|
|    |   | Test            | Test            | Test            |
| А. | List the indications for needle cricothyrotomy.                                   |                 |                 |                 |
| В. | List the equipment required to perform needle cricothyrotomy.                     |                 |                 |                 |
| C. | List the potential complications of needle cricothyrotomy.                        |                 |                 |                 |
| D. | Attempt to oxygenate patient during preparations for cricothyrotomy.              |                 |                 |                 |
| E. | Assemble equipment.   |                 |                 |                 |
| F. | Place patient in supine position.   |                 |                 |                 |
| G. | Palpate cricothyroid membrane.  |                 |                 |                 |
| H. | Prep area with Betadine wash.   |                 |                 |                 |
| I. | Attach angiocath to syringe.  |                 |                 |                 |
| J. | Insert needle (midline over cricothyroid membrane) at a 45 degree angle,          |                 |                 |                 |
|    | directed caudally.  |                 |                 |                 |
|    | • If dealing with a trauma patient, stabilize cervical spine and insert needle at |                 |                 |                 |
|    | 90 degree angle.  |                 |                 |                 |
| Κ. | Aspirate for air.   |                 |                 |                 |
| L. | Advance catheter and needle into trachea.   |                 |                 |                 |
| М. | Withdraw the needle.  |                 |                 |                 |
| N. | Attach catheter to oxygen tubing.   |                 |                 |                 |
| О. | Ventilate the patient.  |                 |                 |                 |
| Р. | Confirm placement, specifying at least three methods of verification.             |                 |                 |                 |
|    | • Capnography   |                 |                 |                 |
|    | • Chest rise and fall   |                 |                 |                 |
|    | Auscultation of breath sounds   |                 |                 |                 |
|    | • Improvement in patient's color  |                 |                 |                 |
|    | <ul> <li>Improved pulse-ox readings</li> </ul>                                    |                 |                 |                 |
| Q. | Secure tubing.  |                 |                 |                 |
| R. | Suction oropharynx.   |                 |                 |                 |

#### **EQUIPMENT**:

- 1. Syringe 10 cc and 3 cc
- 2. 10 or 14 gauge angiocath
- 3. Oxygen tubing with Y connector or side port cut in tubing for controlling air flow.
- 4. Oxygen source with rate of 15-30 liters/minute, 50 psi.

5. 7.0 ET tube adapter.

When preparing for this skill evaluation, be sure that you can meet the objectives A, B, C, and P. If you needa reminder, the material is readily available in any standard textbook.

#### **Indications for needle cricothyrotomy:**

- Inability to ventilate the patient
- should be reserved for patients that cannot be ventilated by any other means

Required equipment listed on previous page. Below assembly of the needle cric.



Needle cric equipment



Needle cric fully assembled and inserted.

#### **Potential complications:**

- may produce hemorrhage at the insertion site, particularly if the thyroid is perforated
- faulty placement of the cannula into the subcutaneous tissue
- needle inserted too far may puncture esophagus
- does not allow for suctioning
- **O.** Due to the catheter size, resistance will be felt when bagging.

Please use the video below as a reference only. Always use your local protocols for proper performance:

YouTube Video: Needle Cricothyrotomy for Medics

# ADULT PROTOCOL SKILL EVALUATION: CHEST DECOMPRESSION

NAME\_\_\_\_\_

DATE

\_\_\_\_AEMT

LEVEL: \_\_\_\_Paramedic



Indication is a hemodynamically unstable patient.

| STEPS   | 1 <sup>st</sup> | 2 <sup>nd</sup> | 3rd  |
|---|-----------------|-----------------|------|
| A. List inclusion criteria:   | Test            | Test            | Test |
| MOI   |                 |                 |      |
| <ul> <li>Respiratory Distress or Failure</li> </ul>   |                 |                 |      |
| <ul> <li>Diminished or absent breath sounds</li> </ul>  |                 |                 |      |
|   |                 |                 |      |
| • Hemodynamic instability   |                 |                 |      |
| • Trauma arrest   |                 |                 |      |
| <ul> <li>Potential chest injury MOI with diminished/absent breath sounds</li> <li>Cardiac arrest in the asthmatic patient with diminished breath sounds either unilateral or bilateral</li> </ul> |                 |                 |      |
| B. List exclusion criteria  |                 |                 |      |
| Lack of inclusion criteria  |                 |                 |      |
| <ul> <li>Needle decompression is not to be performed unless patient is</li> </ul>   |                 |                 |      |
| hemodynamically unstable.   |                 |                 |      |
| C. BSI  |                 |                 |      |
| D. Prepare equipment.   |                 |                 |      |
| E. Explain procedure to the patient.  |                 |                 |      |
| F. Administer high concentration Oxygen   |                 |                 |      |
| G. If patient has a sucking chest wound, place non-porous dressing taped on 3 sidesover   |                 |                 |      |
| wound so air can escape.  |                 |                 |      |
| H. Identify landmarks: Angle of Louis or 2 <sup>nd</sup> or 3 <sup>rd</sup> intercostal space at the mid- clavicular  |                 |                 |      |
| line (MCL) on the affected side. 4th or 5th intercostal space mid axillary (MAL)/anterior   |                 |                 |      |
| axillary (AAL) line. Insertion site should be just superior to the rib margin.  |                 |                 |      |
| I. Prepare the skin with antiseptic.  |                 |                 |      |
| J. Insert the needle at a 90-degree angle into the pleural cavity, just above the rib   |                 |                 |      |
| margin. Puncture the skin and advance the needle (perpendicular to chest) untilyou  |                 |                 |      |
| encounter a "pop' or rush of air.   |                 |                 |      |
| K. Remove the needle, keeping the catheter in place. Securely tape the catheter.Watch   |                 |                 |      |
| for kinks   |                 |                 |      |
| L. Reassess the patient for signs of improvement or complications   |                 |                 |      |
| Possible complications:   |                 |                 |      |
| <ul> <li>Local hematoma</li> </ul>  |                 |                 |      |
| • Pneumothorax/Hemothorax   |                 |                 |      |
| • Infection   |                 |                 |      |
| <b>NOTE</b> : Insert the needle over (superior to) the rib to avoid striking vital structures   |                 |                 |      |
| such as nerves and vascular structures that lie at the inferior margins of  |                 |                 |      |
| the ribs. EQUIPMENT:  |                 |                 |      |

**EQUIPMENT:** 

1. 14 ga 3 <sup>1</sup>/<sub>4</sub>" Angiocatheter(preferred)

2. Safety glasses and gloves

- 3. Stethoscope
- 4. Alcohol preps

5. Tape

- **A.** Together with the inclusion criteria <u>**TWO**</u> of the following should be present to perform chest decompression:
  - Respiratory Distress
  - Loss of radial pulse
  - Decreased LOC
- **B.** Equipment needed:



**C.** The following video can be used as a reference for performing chest decompression:

YouTube Video: Advanced Needle Decompression Techniques

# ADULT PROTOCOL SKILL EVALUATION: AUTOMATED EXTERNAL DEFIBRILLATORS

| NAME DATE   |                         |                         | R                       |
|---|-------------------------|-------------------------|-------------------------|
| LEVEL:ParamedicAEMTEMTFirst Respo   | nder                    |                         | 17                      |
| STEPS   | 1 <sup>st</sup><br>Test | 2 <sup>nd</sup><br>Test | 3 <sup>rd</sup><br>Test |
| A. Perform an initial assessment of the patient.  | Itst                    | Itst                    | Itst                    |
| B. Begin CPR with 100% oxygen while preparing AED.  |                         |                         |                         |
| CPR continuously until AED is set-up and attached to patient                              |                         |                         |                         |
| • If witnessed arrest: Defibrillate immediately.  |                         |                         |                         |
| • If unwitnessed arrest: Perform CPR for 2 minutes prior to defibrillation.               |                         |                         |                         |
| CPR continuously until AED is attached to patient.  |                         |                         |                         |
| C. Turn on the AED.   |                         |                         |                         |
| D. Place the defibrillator pads on the patient.   |                         |                         |                         |
| E. Stop CPR. Allow AED to analyze rhythm.   |                         |                         |                         |
| F. If shock is advised, clear all personnel from around the patient, and administer a     |                         |                         |                         |
| shock.  |                         |                         |                         |
| G. Resume CPR with compressions immediately if there is no patient response to the shock. |                         |                         |                         |
| H. Repeat steps E, F and G in 2 minutes (when prompted by the AED)                        |                         |                         |                         |

#### **EQUIPMENT:**

- 1. A.E.D. per organization type
- 2. Simulator

A. Initial assessment consists of:

- Check for responsiveness
- Look for breathing or only gasping and check pulse (simultaneously). Is pulse felt within10 seconds?

The following video can be used as a <u>reference</u> for this skill:

- YouTube Video: LifePak 1000 AED Demonstration

### ADULT PROTOCOL SKILL EVALUATION: INTRAOSSEOUS INFUSION

NAME\_\_\_\_\_

DATE\_\_\_\_



\_LEVEL: \_\_\_\_Paramedic

AEMT

| STEPS  | 1 <sup>st</sup> | 2 <sup>nd</sup> | 3 <sup>rd</sup> |
|--|-----------------|-----------------|-----------------|
|  | Test            | Test            | Test            |
| A. List the indications for intraosseous infusion.   |                 |                 |                 |
| B. List the potential complications of intraosseous infusion.  |                 |                 |                 |
| C. Select the appropriate site for children: Anteromedial aspect of proximal tibial shaft, two fingerbreadths below the tibial tuberosity. |                 |                 |                 |
| D. Position leg or arm for IO insertion  |                 |                 |                 |
| E. Prepare the skin with appropriate antiseptic.   |                 |                 |                 |
|  |                 |                 |                 |
| F. Demonstrate proper insertion of the needle using the device approved by your department.  |                 |                 |                 |
| G. Remove inner stylet and attach 10 cc syringe with 5 ml IV fluid. Aspirate for blood/marrow. Inject 5 ml of fluid to insure free flow.   |                 |                 |                 |
| H. Attach IV tubing. Infuse fluid or mediation using pressure infuser.   |                 |                 |                 |
| I. Secure the I.O. Tape the tubing to the skin.  |                 |                 |                 |
| J. List the signs of possible infiltration.  |                 |                 |                 |
| K. Indicate proper site and positioning for adult insertion:   |                 |                 |                 |
| Proximal tibia:  |                 |                 |                 |
| <ul> <li>Two fingerbreadths below the patella and 1-2 cm medial to tibial<br/>tuberosity</li> </ul>  |                 |                 |                 |
| • Distal tibia:  |                 |                 |                 |
| $\circ$ Flat portion of the distal tibia, just proximal to medial malleolus  |                 |                 |                 |
| • Humeral head:  |                 |                 |                 |
| $\circ$ 45 <sup>o</sup> to the frontal plane and 45 <sup>o</sup> towards inferior sternum.   |                 |                 |                 |
| • Distal femur—site of last resort:  |                 |                 |                 |
| <ul> <li>Anterior midline above external epicondyles, 1-3 cm above<br/>femoral plateau.</li> </ul>   |                 |                 |                 |

#### **EQUIPMENT:**

- 1. Bone Marrow Aspiration needle (or BIG, EZ IO)
- 2. Alcohol prep
- 3. Towels
- 4. IV Solution and tubing
- 5. 10 ml. syringe
- 6. Tape, 4x4s
- 7. Gloves & eye protection
- 8. 2 rolls of Kerlix.
- 9. IO manikin

When preparing for this skill evaluation, be sure that you can meet the objectives A, B,C, G, and K. If you need a reminder, the material is readily available in any standard textbook. This skill sheet is a guideline to use; you may tailor it to the appropriate I.O. device carried byyour department. Follow manufacturer's recommendations for the device.

#### A. Indications of IO use:

- Use of IO is limited to patients who are unresponsive or hemodynamically unstable; and then, only when less invasive means are ineffective or not available (e.g. IM Glucagon, IN Narcan or Versed).

- B. Complications of IO:
- extravasation
- soft-tissue necrosis
- bone fracture or injury to growth plate
- infiltration of medications
- infection

C. Select appropriate site and size, refer to GP 1012.0:

- For adults in cardiac arrest, the preferable order of vascular access is EJ, AC and proximal humeral
- The longer yellow (45 mm, >30kg) needle should be used for humeral IO in adults
- if all other routes have failed then access proximal tibia.
- For pediatrics, access the proximal tibia in all cases:
- Use the **blue** needle for 3-30 kg
- Use the pink needle for 0-3 kg



Below video can be used as a reference for **Proximal Humerus** insertion:

RT Clinic: Quick Hit Tutorial – Intraosseous IO Access Placement

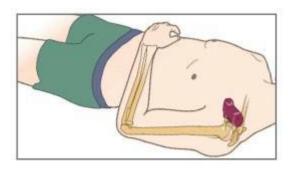
OR

Adult Proximal Humerus Site ID and Insertion Video

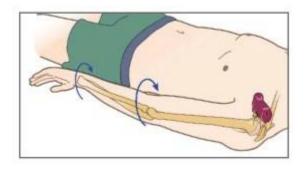
#### PROXIMAL HUMERUS

#### Arm positioning:

Using either method below, adduct elbow, rotate humerus internally.

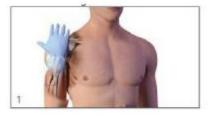


Place the patient's hand over the abdomen with arm tight to the body



Place the arm tight against the body, rotate the hand so the palm is facing outward, thumb pointing down.

#### Landmarking:



Place your palm on the patient's shoulder anteriorly.

 The area that feels like a "ball" under your palm is the general target area You should be able to feel this ball, even on obese patients, by pushing deeply



Place the ulnar aspect of one hand vertically over the axilla. Place the ulnar aspect of the opposite hand along the midline of the upper arm laterally



Place your thumbs together over the arm. • This identifies the vertical line of insertion on the proximal humerus

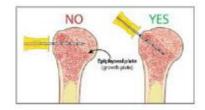


Palpate deeply as you climb up the humerus to the surgical neck.

 It will feel like a golf ball on a tee – the spot where the "ball" meets the "tee" is the surgical neck.

The insertion site is on the most prominent aspect of the greater tubercle, 1 to 2 cm above the surgical neck.





Point the needle tip at a 45-degree angle to the anterior plane and posteromedial.



Find the "flat spot" on the medial aspect of the tibial shaft two finger widths below (distal) the tibial tuberosity. Remember "Big Toe IO", which means to look at the big toe side of the leg for the tibial plateau. Use a similar technique as for the pediatric tibial insertion.

IO Insertion at Proximal Tibia Site

1. Identify the tibial tuberosity by palpating just below the knee

2. Locate the consistent flat area of bone 2 cm distal and slightly medial to the tibial tuberosity (to avoid growth plate).

3. Support flexed knee with towel under calf

4. Prep the skin and insert needle according to manufacturer's directions

5. Use 10-15 degree caudal angulation to further decrease risk of hitting the growth plate

6. Needle will stand up on its own with proper placement

7. Attach syringe and aspirate bone marrow

8. Connect the IV line. If flow is good and extravasation is not evident secure needle with gauze pads and tape.

9. A pressure bag may facilitate infusion.

Below video can be used as a reference for Proximal Tibia insertion:

<u>Arrow EZ-IO System – Proximal Tibia Site ID (infant/child, animation)</u>

# ADULT PROTOCOL SKILL EVALUATION: USE OF NEBULIZER WITH BAG-VALVE DEVICE

NAME\_\_\_\_\_

DATE

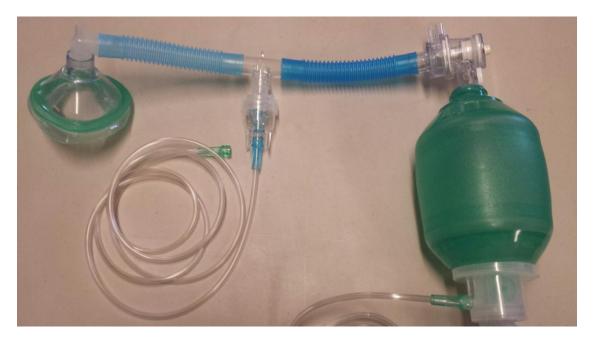


\_ LEVEL: \_\_\_\_Paramedic

\_ \_\_\_AEMT

| STI          | EPS  | 1 <sup>st</sup><br>Test | 2 <sup>nd</sup><br>Test | 3 <sup>rd</sup><br>Test |
|--------------|--|-------------------------|-------------------------|-------------------------|
| <b>A</b> . ] | List the indications for the use of nebulized drugs with bag-valve device.   |                         |                         |                         |
| B. (         | Connect bag-valve to nebulizer unit without mouthpiece as shown in drawing.  |                         |                         |                         |
| C. (         | Connect mask to elbow, then connect elbow to nebulizer as shown in drawing.  |                         |                         |                         |
| <b>D</b> . ] | Place medications and saline solution in the reservoir well of the nebulizer.  |                         |                         |                         |
|              | Connect 1st oxygen supply to nebulizer @ 8-10 LPM. and. 2nd oxygen supply to bag-<br>valve @ 12-15 LPM. (If only one oxygen source, attach it to nebulizer.) |                         |                         |                         |
|              | Use mask with non-intubated patient or attach elbow to endotracheal tube of intubated patient.   |                         |                         |                         |
|              | Begin bagging patient, being careful to keep reservoir well of the nebulizer in an upright position.   |                         |                         |                         |
|              | If only one oxygen source is available, reconnect oxygen tubing to bag-valve device after medication has been administered.                                  |                         |                         |                         |
| I.           | Monitor patient for effects of medications.  |                         |                         |                         |

Equipment as shown in the illustration:



**Note:** It is recommended that departments have the inline nebulizer set prepackaged and available for providers.

# ADULT PROTOCOL SKILL EVALUATION: SPECIAL VENOUS ACCESS - CENTRAL VENOUS CATHETER, DIALYSISCATHETER, OR PICC LINE

NAME

DATE\_

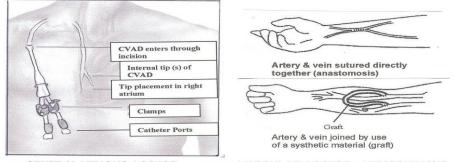


\_LEVEL: Paramedic

| STEPS   | 1 <sup>st</sup> | 2 <sup>nd</sup> | 3 <sup>rd</sup> |
|---|-----------------|-----------------|-----------------|
|   | Test            | Test            | Test            |
| A. List the indications for accessing a Central Venous Catheter, Dialysis Catheter, |                 |                 |                 |
| or PICC line.   |                 |                 |                 |
| B. Prepare IV fluid and tubing.   |                 |                 |                 |
| C. Cleanse catheter port with alcohol prep thoroughly. State reason for this.       |                 |                 |                 |
| D. Attach 10 ml. or larger Luer lock needleless syringe.                            |                 |                 |                 |
| E. Unclamp catheter. Why is this done after attaching the syringe?                  |                 |                 |                 |
| F. Aspirate with very LITTLE force to withdraw 5 ml blood. Why is blood             |                 |                 |                 |
| withdrawn?  |                 |                 |                 |
| G. If you CANNOT aspirate blood, STOP the procedure.                                |                 |                 |                 |
| H. Reclamp catheter. Why is catheter reclamped before removing the syringe?         |                 |                 |                 |
| I. Remove blood-filled syringe and discard into a sharps container.                 |                 |                 |                 |
| J. Cleanse catheter again with alcohol prep. Why is recleansing so important?       |                 |                 |                 |
| K. Insert 10 ml or larger Luer lock needleless syringe filled with 10 ml NS.        |                 |                 |                 |
| L. Unclamp catheter and flush catheter with 10 ml NS using a pulsating technique.   |                 |                 |                 |
| M. Reclamp catheter & then remove syringe.  |                 |                 |                 |
| N. Cleanse catheter again with alcohol prep.  |                 |                 |                 |
| O. Attach IV tubing with Luer-lock connector to access port.                        |                 |                 |                 |
| P. Unclamp catheter. Why is this done after attaching IV tubing?                    |                 |                 |                 |
| Q. Adjust flow rate.  |                 |                 |                 |
| R. Tape IV tubing securely in place in two places to patient's skin.                |                 |                 |                 |
| S. Administer medications through IV tubing port, if indicated.                     |                 |                 |                 |

### EQUIPMENT:

- 1. IV tubing with Luer-lock connector and IV fluid
- 2. Two 10 ml or larger Luer-lock needleless syringes, one with 10 mlNS
- 3. Minimum of 6 alcohol preps



CENTRAL VENOUS ACCESS

VASCULAR ACCESS - HEMODIALYSIS

Use the video below as a reference for accessing a PICC line:

Video: Accessing a PICC Line

# ADULT PROTOCOL SKILL EVALUATION: SPECIAL VENOUS ACCESS-DIALYSIS FISTULA

NAME\_\_\_\_\_

DATE



\_LEVEL: Paramedic

| STEPS   | 1 <sup>st</sup> | 2 <sup>nd</sup> | 3 <sup>rd</sup> |
|---|-----------------|-----------------|-----------------|
|   | Test            | Test            | Test            |
| A. List the indications for accessing Dialysis Fistula.   |                 |                 |                 |
| B. Prepare IV fluid and tubing.   |                 |                 |                 |
| C. Do NOT use tourniquet, constricting band, or BP cuff on arm with fistula.                                      |                 |                 |                 |
| D. Visualize or palpate fistula.  |                 |                 |                 |
| E. Cleanse skin over fistula thoroughly.  |                 |                 |                 |
| F. Insert catheter into fistula as you would into a vein, being careful NOT to puncture the back wall. State why. |                 |                 |                 |
| G. Withdraw needle holding downward pressure on fistula proximal to needle insertion. State why.                  |                 |                 |                 |
| H. Attach IV tubing to catheter while maintaining downward pressure on fistula.<br>This may require two people.   |                 |                 |                 |
| I. Adjust flow rate. Use pressure infuser, BP cuff on IV bag, or IV pump to facilitate flow. State why            |                 |                 |                 |
| J. Tape IV tubing securely in place.  |                 |                 |                 |
| K. Administer medications through IV tubing port, if indicated.   |                 |                 |                 |

### **EQUIPMENT:**

- 1. IV tubing and IV fluid
- 2. Angiocath needle
- 3. Alcohol preps
- 4. Pressure infuser, BP cuff, or IV pump

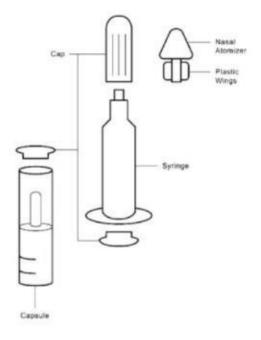


- 1. Right Medication
  - a. Make sure that the medication is the correct medication indicated by the GMV Standing Orders and check it against the medication label.
  - b. Double-check the generic vs. non-generic names of medications. Many names are similar and have a potential for error. If you aren't sure, reference your SO Manual or Quick Reference Guide!
  - c. Check the expiration date on the label.
- 2. Right Patient:
  - a. Confirm patient ID and confirm absence of allergies or other contraindications for your patient.
  - b. In multiple patient or mass casualty situations, confirm that the medication is being delivered to the correct patient.
- 3. Right Dose:
  - a. Check the SO dose against the medication label for the correct concentration.
  - b. Recheck dosage calculations and verify accuracy.
  - c. Confirm that the correct dose has been drawn up.
  - d. Use your references!
- 4. Right Route:
  - a. Check the standing order and the medication label for the correct route.
  - b. Confirm the route of administration for the medication; IM, IV, PO, IN, PR, IO, Neb, ocular.
  - c. Confirm that the dose is correct for the chosen route, since some dosages vary depending on the route.
  - d. Make sure the route is accessible, e.g., is the IV site patent?
- 5. Right Time:
  - a. Give the medication over the proper time duration per the Standing Orders.
- 6. Right Documentation:
  - a. Document medication, dose, time of administration and duration of administration, route, and patient response.

# ADULT PROTOCOL SKILL EVALUATION: INTRANASAL MEDICATION ADMINISTRATION

| NAME: DATE:  |                         |                         |                         |
|--|-------------------------|-------------------------|-------------------------|
| Level: EMREMTAdvancedParamedic   |                         |                         |                         |
| STEPS Refer to drug formulary 8029.0                                   | 1 <sup>st</sup><br>Test | 2 <sup>nd</sup><br>Test | 3 <sup>rd</sup><br>Test |
| Assures that patient is being ventilated adequately, if necessary      |                         |                         |                         |
| Selects, checks and assembles equipment                                |                         |                         |                         |
| Medication   |                         |                         |                         |
| Appropriate syringe, needle and mucosal atomizer device (MAD®)         |                         |                         |                         |
| Sharps container   |                         |                         |                         |
| Alcohol swabs  |                         |                         |                         |
| Sterile gauze  |                         |                         |                         |
| Administers medication   |                         |                         |                         |
| Selects correct medication by identifying                              |                         |                         |                         |
| Right patient  |                         |                         |                         |
| Right medication   |                         |                         |                         |
| Right dosage/concentration   |                         |                         |                         |
| Right time   |                         |                         |                         |
| Right route  |                         |                         |                         |
| Also checks medication for:  |                         |                         |                         |
| Clarity  |                         |                         |                         |
| Expiration date  |                         |                         |                         |
| Reaffirms medication   |                         |                         |                         |
| Takes or verbalized appropriate PPE precautions                        |                         |                         |                         |
| Stops ventilation of patient, if necessary and removes mask            |                         |                         |                         |
| Inserts mucosal atomizer device into nostril and briskly depresses the |                         |                         |                         |
| syringe plunger (1/2 medication up each nostril)                       |                         |                         |                         |
| Disposes/verbalizes proper disposal of syringe and MAD                 |                         |                         |                         |
| Resumes ventilation of patient, if necessary                           |                         |                         |                         |
| Verbalizes need to observe patient for desired effect and side effects |                         |                         |                         |





# ADULT PROTOCOL SKILL EVALUATION: ASSISTING WITH EPIPEN ADMINSITRATION

NAME\_\_\_\_\_

DATE



LEVEL: <u>EMT</u> EMR

| <b>STEPS</b> Refer to drug formulary 8015.0                       | 1st<br>Test | 2nd<br>Test | 3rd Test |
|---|-------------|-------------|----------|
| A. Contact MCP if necessary                                       |             |             |          |
| B. Evaluate the patient, with attention to S&S of anaphylaxis.    |             |             |          |
| C. Obtain the patient's EpiPen auto-injector.                     |             |             |          |
| D. Assure that it is prescribed to the patient.                   |             |             |          |
| E. Check the medication for expiration date and for cloudiness or |             |             |          |
| discoloration.  |             |             |          |
| F. Remove the safety cap.   |             |             |          |
| G. Select the injection site: anterolateral thigh.                |             |             |          |
| H. Push the injector firmly against the site.                     |             |             |          |
| I. Properly discard the injector.                                 |             |             |          |
| J. Monitor the patient and record the results of the treatment.   |             |             |          |
| K. Record vital signs   |             |             |          |

# ADULT PROTOCOL SKILL EVALUATION: WITHDRAWING MEDICATION FROM A **GLASS AMPULE**

NAME:\_\_\_\_\_ DATE:\_\_\_\_



Level: EMR EMT Advanced Paramedic

| STEPS  | 1 <sup>st</sup> | 2 <sup>nd</sup> | 3 <sup>rd</sup> |
|--|-----------------|-----------------|-----------------|
|  | Test            | Test            | Test            |
| Assures that patient is being ventilated adequately, if necessary  |                 |                 |                 |
| Selects, checks and assembles equipment  |                 |                 |                 |
| Syringe  |                 |                 |                 |
| Filter needle  |                 |                 |                 |
| 20-gauge needle  |                 |                 |                 |
| Gauze pads or alcohol wipes  |                 |                 |                 |
| Sharps container   |                 |                 |                 |
| Medication ampule  |                 |                 |                 |
| Administers medication   |                 |                 |                 |
| Selects correct medication by identifying  |                 |                 |                 |
| Right patient  |                 |                 |                 |
| Right medication   |                 |                 |                 |
| Right dosage/concentration   |                 |                 |                 |
| Right time   |                 |                 |                 |
| Right route  |                 |                 |                 |
| Also checks medication for:  |                 |                 |                 |
| Clarity  |                 |                 |                 |
| Expiration date  |                 |                 |                 |
| Clean the neck of the ampule with an alcohol wipe. Allow it to dry.  |                 |                 |                 |
| Remove the syringe from its package and attach the filter needle to the  |                 |                 |                 |
| syringe, securing snuggly.   |                 |                 |                 |
| Set the syringe on the clean work surface  |                 |                 |                 |
| Hold the ampule upright and tap the top of the chamber quickly and lightly until all fluid flows to the bottom of the chamber. |                 |                 |                 |
| Using a clean piece of gauze, or a new alcohol wipe, grasp the neck of the   |                 |                 |                 |
| ampule and quickly snap the top off directing away from you. Place on fla surface.   | t               |                 |                 |
| Remove the cap of the needle and, tilting the ampule gently, place the tip o   | f               |                 |                 |
| the needle inside the ampule to withdraw the medication into the syringe.  |                 |                 |                 |
| Withdrawing the syringe and needle and hold them straight up. Gently tap   |                 |                 |                 |
| the side of the syringe to bring any air to the top of the syringe.  | _               |                 |                 |
| Gently push any air out of the syringe and remove and excess medication is you have overdrawn the needed amount.               |                 |                 |                 |
| Replace the cover of the filter needle using a one-handed recap method and discard in the sharps container.                    |                 |                 |                 |
| Attach the non-filter needle to the end of the syringe and secure tightly  |                 |                 |                 |
| Using the alcohol wipe, thoroughly cleanse the injection site and prepare to give an intramuscular injection                   | )               |                 |                 |

Use the video below as a reference:

YouTube Video: Withdrawing medication from a glass ampule

# ADULT PROTOCOL SKILL EVALUATION: INTRAMUSCULAR MEDICATION ADMINISTRATION

NAME:\_\_\_\_\_ DATE:\_\_\_\_

Level: EMR\_\_\_EMT\_\_\_Advanced\_\_\_Paramedic\_\_\_\_

| STEPS   | 1 <sup>st</sup><br>Test | 2 <sup>nd</sup><br>Test | 3 <sup>rd</sup><br>Test |
|---|-------------------------|-------------------------|-------------------------|
| Assures that patient is being ventilated adequately, if necessary                                 |                         |                         |                         |
| Selects, checks and assembles equipment   |                         |                         |                         |
| Medication  |                         |                         |                         |
| Appropriate syringe, needle and mucosal atomizer device (MAD®)                                    |                         |                         |                         |
| Sharps container  |                         |                         |                         |
| Alcohol swabs   |                         |                         |                         |
| Sterile gauze   |                         |                         |                         |
| Administers medication  |                         |                         |                         |
| Selects correct medication by identifying   |                         |                         |                         |
| Right patient   |                         |                         |                         |
| Right medication  |                         |                         |                         |
| Right dosage/concentration  |                         |                         |                         |
| Right time  |                         |                         |                         |
| Right route   |                         |                         |                         |
| Also checks medication for:   |                         |                         |                         |
| Clarity   |                         |                         |                         |
| Expiration date   |                         |                         |                         |
| Assemble the syringe  |                         |                         |                         |
| Draws appropriate amount of medication into syringe and dispels air while                         |                         |                         |                         |
| maintaining sterility.  |                         |                         |                         |
| Reconfirms medication   |                         |                         |                         |
| Takes or verbalizes appropriate PPE precautions   |                         |                         |                         |
| Identifies and cleanses appropriate injection site  |                         |                         |                         |
| Stretches the ski, warns patient and inserts at a 90° angle while maintaining sterility           |                         |                         |                         |
| Administers correct dose at the proper push rate  |                         |                         |                         |
| Removes needle and disposes/verbalizes proper disposal of syringe and needle in proper container. |                         |                         |                         |
| Applies direct pressure to site   |                         |                         |                         |
| Covers puncture site  |                         |                         |                         |
| Verbalizes need to observe patient for desired effect and adverse side effects.                   |                         |                         |                         |

Use the video below as a reference: Giving an Intramuscular injection into the lateral thigh

# ADULT PROTOCOL SKILL EVALUATION: COMPLEX MEDICATION ADMINISTRATIONS

NAME\_\_\_\_\_ DATE\_\_\_\_\_



LEVEL: Paramedic AEMT EMT

| STEPS   | 1 <sup>st</sup> Test | 2 <sup>nd</sup> Test | 3 <sup>rd</sup> Test |
|---|----------------------|----------------------|----------------------|
| AMIODARONE refer to Drug Formulary 8003.0   |                      |                      |                      |
| A. List the indications for Amiodarone, and the "six rights".   |                      |                      |                      |
| B. List the equipment required to draw up Amiodarone.   |                      |                      |                      |
| C. List the problems with drawing up Amiodarone & administration.   |                      |                      |                      |
| D. Discuss contraindications & precautions regarding Amiodarone.  |                      |                      |                      |
| E. Use large bore (i.e., 19 ga.) needle to draw up Amiodarone to prevent foaming.   |                      |                      |                      |
| F. Discuss the differences in administration in cardiac arrest vs. non-arrest.  |                      |                      |                      |
| MIDAZOLAM refer to Drug Formulary 8027.0  |                      |                      |                      |
| A. List the indications of Midazolam, and the "six rights".   |                      |                      |                      |
| B. Discuss contraindications & precautions regarding Midazolam.   |                      |                      |                      |
| C. Discuss the issue of drug concentration (10 mg/2ml) with Midazolam.  |                      |                      |                      |
| <ul> <li>D. Using a TB syringe, demonstrate drawing up an appropriate amount of simulated Midazolam, and correct administration:</li> <li>0.4 ml = 2 mg</li> <li>0.8 ml = 4 mg</li> </ul>   |                      |                      |                      |
| E. Discuss timing for administration of Midazolam (over 2 minutes).   |                      |                      |                      |
| DUODOTE refer to Drug Formulary 8014.0  |                      |                      |                      |
| A. List the indications of DuoDote and the "six rights."  |                      |                      |                      |
| B. Don appropriate PPE. If pt. or public safety worker exhibits symptoms of nerve gas exposure, utilize DuoDote.  |                      |                      |                      |
| <b>C</b> . If nerve agent symptoms are still present after 5 minutes, repeat injections. If symptoms still exist after an additional 5 minutes, repeat injections for a third time. If after the third set of injections, symptoms remain, do not give any more antidotes. Seek medical help. |                      |                      |                      |
| EPIPEN ADMINISTRATION refer to Drug Formulary 8015.0  |                      |                      |                      |
| A. Evaluate the patient, with attention to S&S of anaphylaxis.  |                      |                      |                      |
| B. Demonstrate or voice infection precautions.  |                      |                      |                      |
| C. Obtain the EpiPen auto-injector. Indicate when both EpiPens are needed.<br>(Indicate Adult and Pedi doses)   |                      |                      |                      |
| D. Check the medication for expiration date and for cloudiness or discoloration.  |                      |                      |                      |
| E. Remove the safety cap.   |                      |                      |                      |
| F. Select the injection site.   |                      |                      |                      |
| G. Push the injector firmly against the site.   |                      |                      |                      |
| H. Properly discard the injector.   |                      |                      |                      |
| I. Monitor the patient and record the results of the treatment.   |                      |                      |                      |
| J. Discuss precautions and side effects   |                      |                      |                      |

| D10 refer to Drug Formulary 8009.0           A. List the indication for use   | + + |          |
|---|-----|----------|
| B. Demonstrate or voice infection precautions.  |     |          |
| F   |     |          |
| C. Indicate dose and administration Adults and Peds   |     |          |
| D. Check the medication for expiration date and for cloudiness or discoloration.  |     |          |
| E. Discuss precautions and side effects (administer in continuously running IV)   |     |          |
|   |     |          |
| GLUCAGON refer to Drug Formulary 8018.0   | _   |          |
| A. List the indication for use  | _   |          |
| B. Demonstrate or voice infection precautions.  | _   |          |
| C. Indicate dose and administration Adults and Peds   | _   |          |
| D. Check the medication for expiration date and for cloudiness or discoloration.  |     |          |
| E. Discuss precautions and side effects   |     |          |
| NALOXONE refer to Drug Formulary 8029.0   | +   |          |
| A. List the indication for use  |     |          |
| B. Demonstrate or voice infection precautions.  | +   | <u> </u> |
| C. Indicate dose and administration Adults and Peds   | +   | <u> </u> |
| D. Check the medication for expiration date and for cloudiness or discoloration.  | +   | <u> </u> |
| E. Discuss precautions and side effects   |     |          |
| *   |     |          |
| FENTANYL refer to Drug Formulary 8017.0   |     |          |
| A. List indications for use   |     |          |
| B. Demonstrate or voice infection precautions   |     |          |
| C. Indicate dose and routes of administration for Adults and Peds   |     |          |
| D. Check the medication for expiration date and for cloudiness or discoloration.  |     |          |
| E. Discuss precautions and side effects   |     |          |
| KETAMINE votor to Drug Formulawy 8021.0   |     |          |
| KETAMINE refer to Drug Formulary 8021.0 A. List indications for use   |     |          |
| B. Demonstrate or voice infection precautions   |     |          |
| C. Indicate dose and routes of administration for Adults and Peds   |     |          |
|   |     |          |
| <ul><li>D. Check the medication for expiration date and for cloudiness or discoloration</li><li>E. Discuss precautions and side effects</li></ul> |     |          |
| E. Discuss precautions and side effects   |     |          |
| SOLUMEDROL refer to Drug Formulary 8026.0   |     |          |
| A. List indications for use   |     |          |
| B. Demonstrate or voice infection precautions   |     |          |
| C. Indicate dose and routes of administration for Adults and Peds   | + + |          |
| D. Check the medication for expiration date and for cloudiness or discoloration   | +   |          |
| E. Discuss precautions and side effects   |     |          |
|   |     |          |
| NOREPINEPHRINE refer to Drug Formulary 8031.0   |     |          |
| A. List indications for use   |     |          |
| B. Demonstrate or voice infection precautions   |     |          |
| C. Indicate dose and routes of administration for Adults and Peds   |     |          |
| D. Check the medication for expiration date and for cloudiness or discoloration   |     |          |
| E. Discuss precautions and side effects   |     |          |

# ADULT PROTOCOL SKILL EVALUATION: 12-LEAD EKG ACQUISITION

| JAME DATE   |                 |                 | -    |
|---|-----------------|-----------------|------|
| EVEL:ParamedicAEMTEMT   |                 |                 | (    |
| STEPS   | 1 <sup>st</sup> | 2 <sup>nd</sup> | 3rd  |
| Student will demonstrate how to acquire a 12-lead EKG, completing the | Test            | Test            | Test |
| following steps within two minutes:                                   |                 |                 |      |
| Expose chest  |                 |                 |      |
| Limb lead placement, and placement options                            |                 |                 |      |
| Precordial (chest) lead placement, with <u>no</u> deviation           |                 |                 |      |
| Speed (all ten leads must be placed within two minutes)               |                 |                 |      |
| When to acquire according to optional Standing Orders                 |                 |                 |      |
| Interface with hospital:  |                 |                 |      |
| Notify if you or machine suspect                                      |                 |                 |      |
| MI Rapid transport  |                 |                 |      |
| Monitor quality vs. Diagnostic quality                                |                 |                 |      |
| Frequency response  |                 |                 |      |
| Must use printed EKG for ST segment analysis                          |                 |                 |      |
| Calibration   |                 |                 |      |
| Paper speeds  |                 |                 |      |
| Various limb lead placements  |                 |                 |      |
| Importance of anatomical uniformity with precordial leads             |                 |                 |      |
| Need for note on chart and EKG if non-standard position               |                 |                 |      |
| Negative complex in aVR as "test" for lead placement                  |                 |                 |      |
| Hair removal  |                 |                 |      |
| Artifact, and what to do about it:                                    |                 |                 |      |
| Skin prep Electrode   |                 |                 |      |
| attachment Patient  |                 |                 |      |
| movement Cable  |                 |                 |      |
| movement Vehicle  |                 |                 |      |
| movement EMI  |                 |                 |      |

Use the video below as a reference for 12 Lead – Lead Placement:

**12-LEAD PLACEMENT** 

The **12-lead ECG** uses 10 electrodes. On most ECG machines, the lead designation is on the electrode wire. The electrodes are of two types: limb and precordial.

#### LIMB LEAD ELECTRODES

The four limb lead electrodes have letter codes that designate their placement:

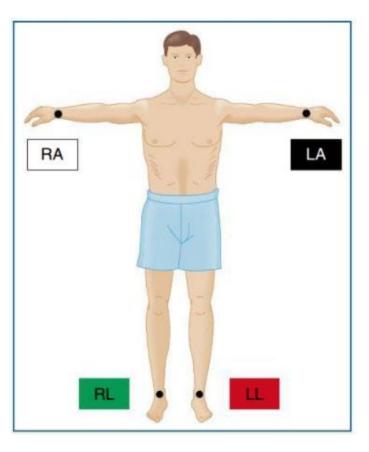
- RA—designates the right arm.
- LA—designates the left arm.
- LL—designates the left leg.
- RL—designates the right leg.

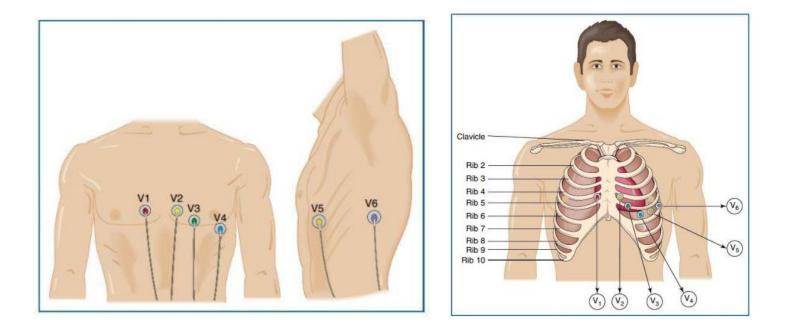
Some 3-lead monitors also use color coding, as follows:

- · White-designates the right arm.
- Black—designates the left arm.
- · Red-designates the left leg.
- · Green-designates the right leg, if a fourth electrode wire is available.

In addition, providers may use mnemonics (memory aids) such as these:

- White to right, and red to bed.
- · Salt, pepper, and catsup.
- Smoke over fire (black and white over red).





- V1 and V2 are placed in the fourth intercostal space (ICS) just to the right and left, respectively, of the sternum. This location can be found by counting the ribs from the clavicle. The first rib felt below is rib 2, then rib 3, followed by rib 4. Between ribs 4 and 5 is the fourth intercostal space. Another method of finding the fourth intercostal space is to locate the angle of Louis at the bottom of the manubrium, where the corresponding rib is rib 2. On most adult male patients, this space is at or just above the nipple; rarely is this interspace below the nipple line. Note that the septum of the heart lies in this area and so is examined by Leads V1 and V2.
- V3 is placed between V2 and V4, either on the fifth rib or in the fifth interspace.
- V4 is usually next. It is in the fifth intercostal space in the midclavicular line. This
  easy-to-find landmark is about halfway down the clavicle, between the sternum and
  the shoulder, just below the nipple. You may have to lift a woman's breast for
  placement.
- V5 is positioned in the fifth intercostal space at the anterior axillary line. This line
  can be found by placing the patient's arm by his side and following the crease line
  from the armpit, down the front of the patient's chest. Lead V5 is positioned where
  this line intersects the fifth interspace.
- V6 is placed at the fifth interspace mid-axillary line.

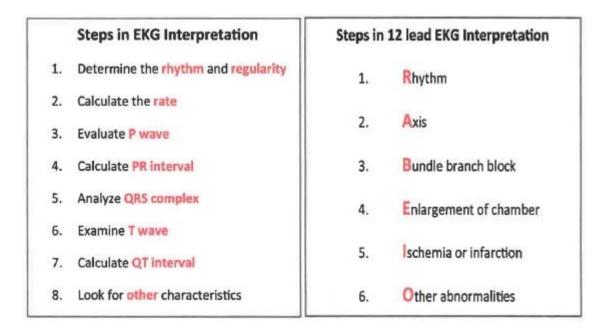
# ADULT PROTOCOL SKILL EVALUATION: 12-LEAD EKG INTERPRETATION

NAME\_\_\_\_\_ DATE\_\_\_\_\_

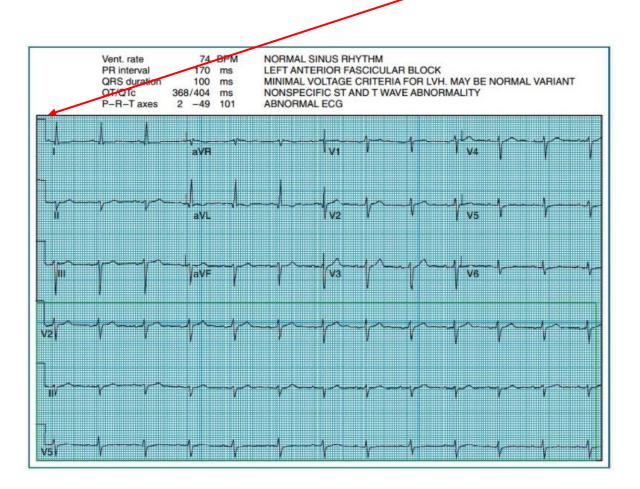


\_LEVEL: \_\_\_\_Paramedic

| STEPS   | 1 <sup>st</sup><br>Test | 2 <sup>nd</sup><br>Test | 3 <sup>rd</sup><br>Test |
|---|-------------------------|-------------------------|-------------------------|
| Show each paramedic five to ten EKGs. In response to your questions, each paramedic |                         |                         |                         |
| should be able to identify the Components of the EKG following with 90% accuracy or |                         |                         |                         |
| better:   |                         |                         |                         |
| P-R segment, Q waves, R waves, and S waves  |                         |                         |                         |
| J-point, ST segment, T waves, TP segment, etc.                                      |                         |                         |                         |
| QRS complexes   |                         |                         |                         |
| Q waves   |                         |                         |                         |
| Pathologic (> or = 40 ms.) vs. physiologic (< 40                                    |                         |                         |                         |
| ms.) ST elevation   |                         |                         |                         |
| Paramedics should be able to measure time on the EKG using either seconds           |                         |                         |                         |
| or milliseconds, and converting from one to the other with 80% accuracy or better.  |                         |                         |                         |
| Given a series of EKGs with ST elevation, each paramedic should be able to          |                         |                         |                         |
| identify the leads with ST elevation, and localize the area infarct as Anterior,    |                         |                         |                         |
| Inferior, Lateral, or Septal with 80% accuracy or better.                           |                         |                         |                         |
| Given a series of EKGs with ST elevation, each paramedic should be able to          |                         |                         |                         |
| recognize reciprocal changes (ST depression) with 70% accuracy or better.           |                         |                         |                         |
| Given examples, the paramedic should be able to discuss the evolution of a          |                         |                         |                         |
| myocardial infarction and the EKG changes over time, including the following        |                         |                         |                         |
| phases: Hyperacute  |                         |                         |                         |
| Acute   |                         |                         |                         |
| Indeterminate   |                         |                         |                         |
| Given a series of three to five EKGs, each paramedic should be able to recognize    |                         |                         |                         |
| the following with 60% accuracy or better. You may give the paramedic a             |                         |                         |                         |
| clinical presentation along with the EKG.   |                         |                         |                         |
| LBBB  |                         |                         |                         |
| RBBB  |                         |                         |                         |
|   |                         |                         |                         |
| Ventricular rhythms   |                         |                         |                         |
| LVH<br>Vartrigular anguruan   |                         |                         |                         |
| Ventricular aneurysm  |                         |                         |                         |
| Benign early repolarization   |                         |                         |                         |
| Pericarditis (S&S: sharp, localizable chest pain, radiates to base of neck,         |                         |                         |                         |
| between scapulas)<br>Digitalis (ST depression with sag)                             |                         |                         |                         |
| Digitalis (51 depression with sag)  |                         |                         |                         |



Prior to 12 lead ECG Interpretation make sure that machine is calibrated properly. You should see a horizontal line the length of one large box and a vertical line two large boxes tall at the beginning of every tracing.



| Rate and Rhythm        | <ul> <li>Six second method</li> <li>Counting small box method</li> <li>Presence of PQRST and</li> <li>Look for intervals</li> </ul>  | its characteristics   |  |
|------------------------|--|---|--|
|                        | Street and an and a local division in the second division of the sec | ider entire QR5 complex for axis a  | and the second se  |
|                        | Vertical axis<br>(Consider Lead I and aVF)   | Normal axis   | Lead I and aVF positive  |
|                        | and the second second  | Right axis  | Lead I negative and aVF<br>positive  |
| Axis                   |  | Left axis   | Lead I positive and aVF negative   |
|                        | Horizontal axis<br>( Look at V1, V2 and V5, V6)  | Anterior axis   | Positive V1 and V2   |
|                        |  | Posterior axis  | Positive V5 and V6   |
|                        | Look at lead I, V1 and V     It require QRS duration   | <pre>/6 (only last half of the QRS comp<br/>&gt; 0.12 sec</pre>                               | ilex)  |
| Bundle branch          | RBBB   | Negative lead 1 and V5 and po   | and a second   |
| block                  | LBBB   | Negative lead V1 and positive   | lead I and V6 ( R or R')   |
|                        | look at lead I and aVF   |   |  |
|                        |  | Left axis deviation   | Lead I positive and aVF<br>negative  |
|                        | and the second   | qR complex in the lateral limb<br>leads   | Lead I and aVL   |
|                        | Left anterlor hemiblock<br>(LAHB)  | rS complex in the in inferior<br>leads  | Lead II, III and aVF   |
|                        |  | Delayed intrinsicoid deflection   | In aVL >0.45 seconds   |
| Hemiblock              |  | (time for R wave peak)  |  |
|                        |  | Do not diagnose LAHB in presence of inferior infarct<br>(prominent Q in lead II, III and aVF) |  |
|                        | C. S. W. S.  | Right axis deviation  | lead I negative and aVF<br>positive  |
|                        | Left posterior hemiblock   | rS pattern in lead I and aVL<br>tall R waves in II, III and aVF                               | This goes with right axis deviation  |
| Sherry Start Start     | (LPHB)   | Looks similar to S1Q3T3 pattern   | and the second division of the second divisio |
| Chamber<br>enlargement | Right atrial enlargement   | Narrow and tall P wave in<br>lead II and V1   | P pulmonale  |
| a second second        | Left atrial enlargement  | Wide P wave with notching in le   |  |
|                        | the second second  | Tall R waves in V1, V2 and deep   | S waves in V5 and V6   |
|                        | Right ventricular<br>hypertrophy   | Right axis deviation  | Negative lead I and positive<br>aVF  |
|                        |  | Left axis deviation)  | (Positive lead I and negative<br>aVF   |
|                        | Left ventricular<br>hypertrophy  | Down sloping ST and inverted<br>T wave in lateral leads                                       | LV Strain pattern  |
|                        | 1-131 - 1394   | R in aVL plus S in V3 > 28 mm<br>in men and >20 mm in   | Cornell criteria   |

|                              |   | Lead I, aVL, V5 and V6  | Lateral wall                              |  |  |
|------------------------------|---|---|---|--|--|
| and the second second second | ST segment depression<br>and T wave inversion |   | (Left circumflex artery                   |  |  |
| Ischemla                     |   | Lead II, III and aVF  | Inferior leads<br>(Right coronary artery) |  |  |
| S. HES. NO. P.               |   | Lead V1, V2, V3 and V4  | Anterior wall<br>(LAD territory)          |  |  |
| Infarction                   | Acute myocardial infarction                   | ST segment elevation in the<br>target area with ST segment<br>depression and T wave<br>inversion in the opposite area | Reciprocal changes                        |  |  |
|                              | Old myocardial infarction                     | Presence of large Q waves in target areas   | At least > 1 mV                           |  |  |
|                              |   | Prominent S in lead I, Q wave<br>and inverted T wave in lead III  | S1Q3T3 pattern                            |  |  |
|                              | Pulmonary embolism                            | Right ventricular strain pattern  | ST depression in V1-V3                    |  |  |
|                              |   | Sinus tachycardia   | COLORADO COLO                             |  |  |
|                              |   | New incomplete RBBB   | La construction of the                    |  |  |
|                              | Hyperkalemia                                  | Tall peaked T waves   |   |  |  |
|                              | (depending on serum level)                    | ST segment depression   |   |  |  |
|                              |   | Various bundle branch block   |   |  |  |
|                              | i share the                                   | Severe bradycardia with AV bloc   | :k  |  |  |
|                              |   | V tach/V-Fib  | A STATE OF                                |  |  |
| Other abnormalities          |   | PR segment depression   |   |  |  |
|                              | Pericarditis                                  | Generalized ST segment elevation  |   |  |  |
|                              |   | prolonged QTc   |   |  |  |
|                              |   | Flat or inverted T waves  |   |  |  |
|                              | Hypocalcaemia                                 | Prolonged ST segment without increase in T wave duration  |   |  |  |
|                              | Hypercalcemia                                 | Short QTc   |   |  |  |
|                              |   | PR segment prolongation   |   |  |  |
|                              |   | Peak T wave   |   |  |  |
|                              | 1.      | Prominent T wave  |   |  |  |
|                              | Hypomagnesaemia                               | prolonged QRS   |   |  |  |
|                              |   | ST segment depression   |   |  |  |
|                              | and some the strength                         | Polymorphic ventricular tachycardia   |   |  |  |
|                              | Pericardial effusion or                       | Low voltage EKG   |   |  |  |
|                              | Cardiac tamponade                             | Electrical alternance   | Beat to beat change in amplitude          |  |  |

| ADULT PROTOCOI | _ SKILI | L EVALUATION: | : SUPRAGLOTTIC AIRWAY |
|----------------|---------|---------------|-----------------------|
|                |         |               |                       |

| NT  | A 1 |     |
|-----|-----|-----|
| IN. | AI  | VIE |

DATE

LEVEL: \_\_\_\_Paramedic \_\_\_\_AEMT EMT

| STEPS   | 1 <sup>st</sup> | 2 <sup>nd</sup> | 3 <sup>rd</sup> |
|---|-----------------|-----------------|-----------------|
|   | Test            | Test            | Test            |
| List the indications for insertion of a Supraglottic Airway.  |                 |                 |                 |
| Select correct size Supraglottic Airway (See manufacturer guidelines).  |                 |                 |                 |
| Takes or verbalizes appropriate PPE precautions.  |                 |                 |                 |
| Opens the airway manually   |                 |                 |                 |
| Elevates tongue, inserts simple adjunct [oropharyngeal or nasopharyngeal airway]                                |                 |                 |                 |
| NOTE: Examiner now informs candidate no gag reflex is present and patient acce                                  | pts adjun       | ct              |                 |
| **Ventilates patient immediately with bag-valve-mask device unattached to oxygen                                |                 |                 |                 |
| **Ventilates patient with room air  |                 |                 |                 |
| NOTE: Examiner now informs candidate that ventilation is being performed with                                   | out diffic      | ulty and t      | hat             |
| pulse oximetry indicates the patient's blood oxygen saturation is 85%   | 1               | 1               |                 |
| Attaches oxygen reservoir to bag-valve-mask device and connects to high-  |                 |                 |                 |
| flow oxygen regulator [12 – 15 L/minute]  |                 |                 |                 |
| Ventilates patient at a rate of $10 - 12$ /minute (1 ventilation every 5 - 6 seconds) with appropriate volumes  |                 |                 |                 |
| NOTE: After 30 seconds, examiner auscultates, and reports breath sounds are pre-                                |                 |                 |                 |
| and medical direction has ordered insertion of a supraglottic airway. The examine                               | r must no       | w take ov       | er              |
| ventilation.  |                 |                 |                 |
| Checks/prepares supraglottic airway device  |                 |                 |                 |
| Lubricates distal tip of the device [may be verbalized]   |                 |                 |                 |
| <b>NOTE: Examiner to remove OPA and move out of the way when candidate is prep</b><br>Positions head properly   | area io in      | seri aevic      | :e.             |
|   |                 |                 |                 |
| Performs a tongue-jaw lift<br>Inserts device to proper depth  |                 |                 |                 |
|   |                 |                 |                 |
| Secures device in patient [inflates cuffs with proper volumes and immediately removes syringe or secures strap] |                 |                 |                 |
| Ventilates patient and confirms proper ventilation [correct lumen and proper                                    |                 |                 |                 |
| insertion depth] by auscultation bilaterally over lungs and over the epigastrium                                |                 |                 |                 |
| Adjusts ventilation as necessary [ventilates through additional lumen or  |                 |                 |                 |
| slightly withdraws tube until ventilation is optimized]   |                 |                 |                 |
| Verifies proper tube placement by secondary confirmation such as  |                 |                 |                 |
| capnography, capnometry, or colorimetric device   |                 |                 |                 |
| NOTE: The examiner must now ask the candidate, "How would you know if you a                                     | re deliver      | ing appro       | priate          |
| volumes with each ventilation?"   |                 |                 |                 |
| Secures device or confirms that the device remains properly secured   |                 |                 |                 |
| Ventilates patient at proper rate and volume while observing  |                 |                 |                 |
| capnography/capnometry and pulse oximeter   |                 |                 |                 |

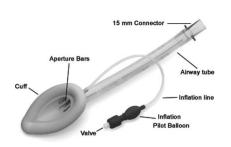
#### EQUIPMENT:

- Supraglottic Airway Device (correct size)
   Water-soluble lubricant
   Appropriate size syringe
   Bag-valve mask
   Stethoscope
   Secondary confirmation device
   Suction

A. Indications for insertion of a Supraglottic Airway:

- If unable to orally intubate the patient
- Used by EMTs when patient is apneic and pulseless only
- Used as a primary way to secure an airway in a pediatric patient.

Different versions of Rescue Airways.







LMA

Combitube

King Airway



i-gel

## ADULT PROTOCOL SKILL EVALUATION: SURGICAL CRICOTHYROTOMY



| Steps  | 1 st | 2nd  | 3rd  |
|--|------|------|------|
|  | Test | Test | Test |
| A. List indications for surgical cricothyrotomy                                      |      |      |      |
| B. List the equipment required to perform surgical cricothyrotomy appropriate for    |      |      |      |
| your department.   |      |      |      |
| C. List the potential complications of surgical cricothyrotomy                       |      |      |      |
| D. Attempt to preoxyginate the patient   |      |      |      |
| E. Maintain in-line stabilization if any possibility of spinal injury                |      |      |      |
| F. Clean the neck with antiseptic  |      |      |      |
| G. Identify cricothyroid membrane  |      |      |      |
| H. Make a 2 cm incision vertically with scalpel at level of cricothyroid membrane    |      |      |      |
| I. Puncture the membrane and make horizontal incision in both directions             |      |      |      |
| J. Use the scalpel handle to open the incision hole. Rotate the handle 90 degrees to |      |      |      |
| make a hole big enough to allow insertion of an ET tube.                             |      |      |      |
| K. Ensure the cuff is inflated.  |      |      |      |
| L. Confirm placement   |      |      |      |
| M. Secure the tube in place  |      |      |      |

#### EQUIPMENT:

- 1. Scalpel
- 2. ET tube (size 6)
- 3. Antiseptic solution
- 4. Oxygen
- 5. Appropriate BVM
- 6. Suction Equipment
- 7. Commercial tube tie or proper taping method
- 8. Bougie if the kit is equipped



Indications for surgical cricothyrotomy:

- the patient's airway cannot be controlled by any other means AND
- the risk of not securing airway is greater than surgical airway risk

Relative Indications:

- Significant facial and nasal trauma which make oral or nasal intubation impossible
- Significant midfacial trauma
- Possible trauma to spine which prevents ventilation
- Chemical inhalation injuries
- Anaphylaxis

Equipment list above.

List potential complications and contraindications:

- signs of an anatomical abnormality, such as tumor
- age less than 8 years old
- signs of acute laryngeal disease
- evidence of tracheal transection



Identify the cricothyroid membrane



Make a 2 cm incision vertically at the level of cricothyroid membrane



Puncture the membrane and make horizontal incision in both directions



Use the scapel handle to enlarge the opening in the cricothyroid membrane



If using bougie, insert it in first with preloaded ET tube. Slide the bougie few inches into the trachea.



Slide the et tube over the bougie into the trachea.



The ET tube tie assembly will stop the ET tube from being inserted too far.



Inflate the cuff, confirm placement, secure the tube.

Use the videos below as a reference when reviewing surgical cricothyrotomy: <u>YouTube Video: Emergency Bougie Cricothyrotomy Procedure Explained</u> <u>YouTube Video: Surgical Airway (Cricothyrotomy) Performed by Ram Pareh</u>

# ADULT PROTOCOL SKILL EVALUATION: TASER REMOVAL



| NAME          |                                       |                      | DATE  |                  |                         | _                       |                         |
|---------------|---------------------------------------|----------------------|---|------------------|-------------------------|-------------------------|-------------------------|
| LEVEL:        | Paramedic                             | AEMT                 | EMT   |                  |                         |                         |                         |
| STEPS:        |                                       |                      |   |                  | 1 <sup>st</sup><br>Test | 2 <sup>nd</sup><br>Test | 3 <sup>rd</sup><br>Test |
|               | the probe with on and/or the patien   |                      | hes from the probe                          | to avoid         |                         |                         |                         |
|               | probe firmly and<br>barbed tip may ca |                      | raight out. Do not                          | twist the        |                         |                         |                         |
| carefully pla | ce used probes sh                     | arp tip first into a | a sharps container,<br>one will touch the p | secure in        |                         |                         |                         |
| D. Check the  | e end of the probe                    | to make sure it i    | s intact.                                   |                  |                         |                         |                         |
| E. Evaluate   | the need for med                      | lical attention as   | you would with a                            | ny other patient |                         |                         |                         |







**A-B**. Grab the probe firmly and quickly pull it straight out. Do not twist the probe as the barbed tip may cause additional injury.



**B.** Check the end of the probe to make sure it is intact.



**C.** Evaluate the need for medical attention.

Use the videos below as a reference for taser removal.

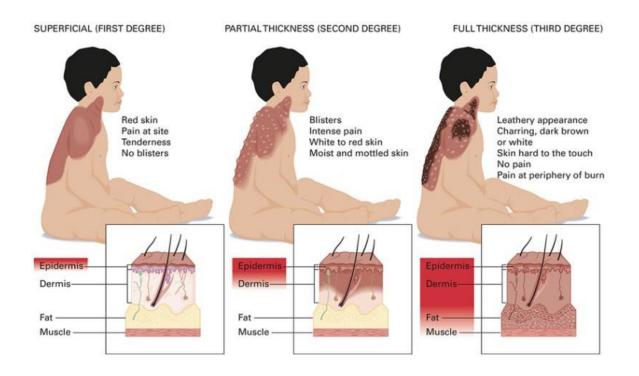
https://YouTube Video: TASER Probe Removal

https://YouTube Video: TASER X26 Probe Removal

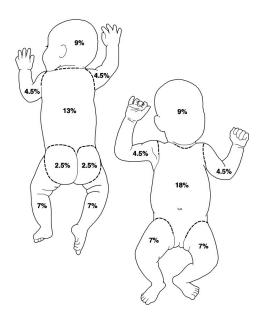


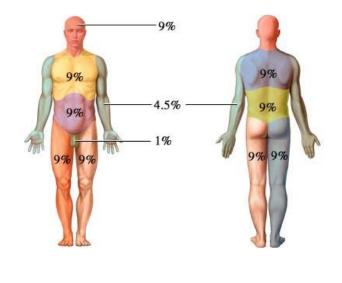
# BURNS

### Classification of burns by depth:



# **RULE OF NINES**





# American Burn Association Classification of Severity Based on BSA

| Severity of<br>Burn | Criteria (Considers Only Partial-Thickness or Full-Thickness Burns)  |
|---------------------|--|
| Minor               | < 10% BSA burn in an adult $< 5%$ BSA burn in young or old $< 2%$ BSA full-thickness burn  |
| Moderate            | 10–20% BSA burn in an adult<br>5–10% BSA burn in young or old<br>2–5% BSA full-thickness burn<br>High-voltage injury<br>Suspected inhalation injury<br>Circumferential burn<br>Comorbid factor increasing the risk of infection (diabetes mellitus, sickle cell<br>disease, immunosuppressed)                          |
| Major               | <ul> <li>&gt; 20% BSA burn in adult</li> <li>&gt; 10% BSA burn in young or old</li> <li>&gt; 5% BSA full-thickness burn</li> <li>High-voltage burn</li> <li>Known inhalation injury</li> <li>Burn to face, eyes, ears, genitalia, or joints</li> <li>Other significant injuries (fractures) or major trauma</li> </ul> |

### ADULT PROTOCOL SKILL EVALUATION: CYANOKIT ADMINISTRATION

NAME\_\_\_\_\_

DATE\_\_\_\_\_

LEVEL: \_\_\_\_Paramedic

| STEPS  | 1 <sup>st</sup> | 2 <sup>nd</sup> | 3 <sup>rd</sup> |
|--|-----------------|-----------------|-----------------|
|  | Test            | Test            | Test            |
| A. List the indications for CYANOKIT administration, with emphasis on        |                 |                 |                 |
| situations in addition to cardiac arrest.                                    |                 |                 | 1               |
| - Cyanide poisoning from hydrogen cyanide, cyanogenic plants, aliphatic      |                 |                 | 1               |
| nitriles, and prolonged exposure to sodium nitroprusside                     |                 |                 | 1               |
| - Cyanide poisoning may result from inhalation, ingestion, or dermal         |                 |                 | 1               |
| exposure to various cyanide containing compounds, including smoke from       |                 |                 | 1               |
| closed-space fires.  |                 |                 |                 |
| B. List the equipment required for IV administration of CYANOKIT.            |                 |                 |                 |
| C. List equipment needed for IO administration of CYANOKIT.                  |                 |                 |                 |
| D. List components that need to be present for treatment of smoke inhalation |                 |                 |                 |
| victims:   |                 |                 | 1               |
| - Exposure to fire or smoke in an enclosed area                              |                 |                 | 1               |
| - Soot around the mouth, nose, or back of mouth                              |                 |                 | 1               |
| - Altered mental status (e.g. confusion, disorientation)                     |                 |                 |                 |
| E. List precautions and side effects   |                 |                 |                 |
| F. Prepare medication for administration.                                    |                 |                 |                 |
| G. Preferred administration of medication should be through IV. No other     |                 |                 |                 |
| drugs can be administered through the same IV.                               |                 |                 |                 |
| H. Last resort can use IO. No other drugs can be administered with Cyanokit. |                 |                 |                 |
| I. Record time, medication, effects on the patient.                          |                 |                 |                 |

### **EQUIPMENT:**

- 1. Cyanokit
  - a. Medication vial
  - b. Vented Tubing
  - c. Transfer Spike
  - d. Instructions for Administration Card
- 2. 250 cc bag of Normal Saline
- 3. Separate IV or IO site for administration.



IV Administration



IO Administration

### IV AND IO PREPARATION OF THE MEDICATION



Spike the bag with transfer spike. Don't squeeze the bag. Transfer spike does not have a one-way valve. Fluid will leak out



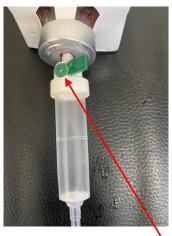
Close the clamp



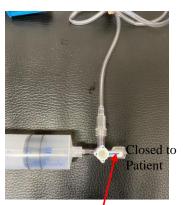
Squeeze the chamber, fill halfway, open the clamp, and bleed the tubing. The medication has a deep red color.



Spike the top of the vial with the transfer spike.



Spike the top of the vial with the V tubing. Don't forget to open the vent.



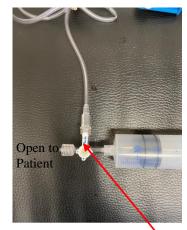
If using an IO, attach 3 way stop cock to the IV tubing, 60 cc syringe and well/as the extension to the IO. Close the valve to patient, draw 60 cc of medication. Administer at a rate of 15 cc/min until all the medication is administered.



Fill the vial with 200 cc of Normal Saline. Fill line indicated on the vial. Mix the medication by gently rocking it for a minute.



The IV tubing provided in the kit, if damaged or missing, can be substituted with vented hospital exchange tubing.



Open the valve to patient, close to the IV tubing. Administer at a rate of 15 cc/min until all the medication is administered. 200cc over 15 min

# ADULT PROTOCOL SKILL EVALUATION: APPLICATION OF TOURNIQUET



NAME\_\_\_\_\_

DATE\_\_\_\_\_

LEVEL: \_\_\_\_ EMR \_\_\_\_ EMT \_\_\_\_ AEMT \_\_\_\_P

| STEPS  | 1 <sup>st</sup> | 2 <sup>nd</sup> | 3 <sup>rd</sup> |
|--|-----------------|-----------------|-----------------|
|  | Test            | Test            | Test            |
| A. List the indications for use of tourniquet.                             |                 |                 |                 |
| - Use for uncontrollable bleeding after the application of direct pressure |                 |                 |                 |
| B. List the equipment required.  |                 |                 |                 |
| C. List the potential complications.                                       |                 |                 |                 |
| - Severe tissue damage   |                 |                 |                 |
| D. Apply firm direct pressure to the exposed wound.                        |                 |                 |                 |
| E. If the bleeding fails to slow or stop apply tourniquet.                 |                 |                 |                 |
| F. Properly positions the patient.   |                 |                 |                 |
| G. Administer high concentration oxygen                                    |                 |                 |                 |
| H. Initiate steps to prevent heat loss for the patient.                    |                 |                 |                 |
| I. Indicate need for immediate transport.                                  |                 |                 |                 |

### **EQUIPMENT**:

1. Bandages

2. Tourniquet

3. Blankets

4. Oxygen



CAT Tourniquet



SOFTT Tourniquet

#### **APPLICATION:**



Apply firm constant direct pressure to the exposed wound. If very brisk soaking of a trauma dressing and continued heavy flow is present, go to tourniquet.



If the wound continues to bleed heavily prepare the tourniquet by pulling the band out of the buckle.



Route the band around the limb, as proximal as possible to the torso.



Pass the band *through the* buckle.



The band should be tight enough that the tips of 3 fingers can't slide under the band.



Reassess, clip the rod in the clip and secure with time strap. Record the time of application with a marker on the time strap.



Pull the band tightly and all the way around and fasten it on itself. But not over the rod clips.



Check for bleeding and distal pulse. If bleeding is not controlled and distal pulse is present, consider tightening the band or apply a second tourniquet right below the first.



Never place a tourniquet over a joint, such as a knee or elbow.



Twist the rod until the bleeding stops and secure the rod in the clips.



The second tourniquet may be necessary for a larger limbed person. Should be applied side-by-side with the rods not interfering with each other.



Never use a tourniquet over items in clothing.